



CURRICULUM VITAE

Personal Data

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Research Interest

- Physical Education and Teacher Education (PETE)
- Mentoring and Career Development in PE
- Curriculum Development, Pedagogy and Assessment in PE
- Physical Activity, Sports and Health

Areas of Expertise or Professional Skills:

- Writing of Physical Education programmes and related materials
- Assessment of Articles, Textbooks, and Manuals
- Computer Literacy Skills: Certificate in Microsoft Office User
- Good Research Writing Skills
- Organisation of Physical Activities, Recreation and Sports Events
- Good Interpersonal, Organisational, and Leadership Skills

Professional Qualification

Rank	Supporting Evidence	Period
Associate Professor	PhD in Physical Education	2025-Date
Senior Lecturer	PhD in Physical Education	2022-2025
Senior Lecturer	M.Phil. in Physical Education	020-2022
Lecturer	M.Phil. in Physical Education	2014-2020
Principal Superintendent	M.Ed. in Physical Education	2009-2012
Principal Superintendent	B. Ed in Physical Education	2005-2009
Teacher	A-3yr post-secondary	1998-2005

Professional Responsibilities

Position	Office/Location	Period
Deputy Director	ITECTPD, UEW	1 st August, 2025-Date
Ag. Director	ITECTPD, UEW	23rd June -31 st July, 2025
Ag. Dean	FHASHE, UEW	3rd -7th February, 2025; 2
Ag. Dean	FHASHE, UEW	27th Oct.-29th Nov., 2024
Ag. Dean	FHASHE, UEW	16th-26th Aug., 2024
Ag. Director	ITECPD, UEW	16th-26th Aug., 2024
Deputy Director	ITECPD, UEW	1st Sept., 2023 – Date
Head of Department	HPERS, UEW	2021 – 2023
Graduate Coordinator	HPERS, UEW	2020 – 2021
Academic Counsellor	HPERS, UEW	2015 – 2020
Honorary Sport Coach	Sports Directorate, UEW	2015 – Date

Education

Institution	Certificate	Date
• University of Cape Coast	PhD, Physical Education	31/03/ 2022
• University of Education, Winneba	M. Phil, Health, Physical Education, Recreation and Sports	27/07/2012
• University of Education, Winneba	M.Ed., Physical Education	17/07/2009
• University of Education, Winneba	B.Ed. Health, Physical Education, Recreation and Sports	July, 2025
• Dambai Training College	A-3yr post-secondary	01/06/1998
• Nkwanta Secondary School, Oti Region	General Certificate of Education (G.C.E.) Ordinary Level	June 1994
• Nkwanta L/A Middle 'C' Oti Region	Middle School Leaving Certificate (M.S.L.C)	1989

Career History

Position/Title	Name of Institution	Date
Deputy Director	Institute for Teacher Education and Continuing Professional Development (ITECPD) – UEW	1st Sept., 2023–Date
Head of Department	HPERS – UEW	2021 – 2023
Graduate Coordinator	HPERS – UEW	2020 – 2021
Physical Education Tutor	Komenda College of Education-Komenda	Sept. 1, 2010 – July 1, 2014
Physical Education Teacher	Senya Secondary School	Sept. 1, 2005–Aug. 1, 2010
Subject Teacher	Nkwanta E/A J.S.S, Oti Region	Sept. 1, 1999–Sept. 1, 2001
Class Teacher	Nkwanta E/A Primary School, Oti Region	Sept. 1, 1998–Sept. 1, 1999

Responsibilities

- **Deputy Director:** Assist the Director in strategic development and day-by-day management of the institute, policy formulation, implementation, advise management on policy matters relating to teacher education, human resource management and control, lead technical experts in running training programmes for UEW and affiliated Colleges lecturers,...perform any other duties assigned to me by my Director.
- **Counsellor:** Advising students on their academic life and referring complex issues to the Counselling Unit of the University.
- **Head of Department:** Overseeing department administration, curriculum planning, and staff co-ordination, teaching, research, community service, supervising student projects/thesis, mentoring of junior colleagues and students, etc.
- **Graduate Coordinator:** Managing postgraduate programmes and student affairs
- **Academic Counsellor:** Guiding students on academic and career-related matters
- **UEW Sports Coach:** Drawing of training programme, coaching and counselling of athletes.
- **Staff Welfare Secretary:** Ensuring the well-being of staff members and addressing welfare concerns.
- **District Sports Secretary:** Coordinating district-level sports activities and events.
- **Subject Teacher:** teaching English Language, Ghanaian Language (Akwapim, Twi), and Physical Education.
- **Circuit Sports Organiser:** Coaching sports teams and organising sports.

Publications, Research/Projects Conducted or Undertaken, Creative Works/Productions Produced:

Books

Seibu M., Ogum, M. A., Sarpong, E. O., Dadzie, P. K. Y. & Kwaaso, A. A. (2023). Physical Education and Physical (Elective): Curriculum for Secondary Education (Shs 1 - 3). Cantonment-Accra: NaCCA, MoE, Ghana.

Seibu M., Ogum, M. A., Sarpong, E. O., Dadzie, P. K. Y. & Kwaaso, A. A. (2023). Physical Education and Physical (Core): Curriculum for Secondary Education (Shs 1 - 3). Cantonment-Accra: NaCCA, MoE, Ghana.

Seibu, M., & Darko, R. A. (2023). Handball manual for teachers and coaches. FRIMPRESSON Publishing Company. Kumasi.

Ogum, P. N., **Seibu, M.** & Gao, K. (2020). Sports for safe school's manual: Teacher resource pack for Senior High School. Accra: MoE, GES & BARCA Foundation & UNICEF, Ghana.

Ocansey, R., & **Seibu, M.** (2020). Training manual for physical and health education for JHS 1. Cantonment-Accra: NaCCA, MoE, Ghana.

Ocansey, R., **Seibu, M.**, Dadzie, P.K.Y., & Akudago, S. A. (2020). Teacher's resource pack (Physical and health education) for JHS 1. Cantonment-Accra: NaCCA, MoE, Ghana.

Ocansey, R., **Seibu, M.**, Dadzie, P.K.Y., & Akudago, S. A. (2020). Learner's resource pack (Physical and health education) for JHS1. Cantonment-Accra: NaCCA, MoE, Ghana.

Ocansey, R., **Seibu, M.**, Dadzie, P.K.Y., & Akudago, S. A. (2020). Physical education and health curriculum for JHS 1 (common core programme). Cantonment-Accra: NaCCA & MoE, Ghana.

Mintah, J. K., **Seibu, M.**, & Dadzie, P.K.Y. (2019). Physical education training guide. Cantonment- Accra: NaCCA, MoE, Ghana.

Mintah, J. K., Naki, H. A., **Seibu, M.**, & Dadzie, P.K. Y. (2019). Physical education curriculum for primary schools (Basic 1-6). Cantonment-Accra: NaCCA, MoE, Ghana.

Akuffo, P. A., Darko, R. A., & **Seibu, M.** (2018). Supervision of children's recreation. IEDE: UEW, Ghana.

Akuffo, P. A., Darko, R. A., & **Seibu, M.** (2016). Physical Education for Early Childhood Education Teacher. IEDE: UEW, Ghana.

Peer-Reviewed Journal Articles

Ntumi, S., **Seibu, M.**, Yalley, C. E., Ogah, M., Ayedzi, R. H., Anaba, R., & Kpodzo, P. (2025). *Promoting teacher health and wellbeing in contexts of curriculum reform: Investigating the effects of workload, pedagogical demands, and culturally responsive assessment practices on work-life balance among junior high school educators*, Under Review, Scientific Reports, Springer Nature.

Ntumi, S., Yeboah, A., Appiah-Twumasi, E., Agbovor, D., Amfo, G. O., **Seibu, M.**, & Agbenyo, S. (2025). *Beyond grades and standards: A culturally responsive, equity-driven, and differentiated pedagogical-assessment framework for STEM learning in multilingual and socioeconomically diverse classrooms*, Under Review, Scientific Reports, Springer Nature.

Seibu, M., Arthur, N. A., Aloko, E. A., Donkor, K. S., Mensah, R., & Sorkpor, R. S. (2025). Building a healthy nation: The role of Olympism in youth physical education and sports curriculum (RRU/BCORE/ORC/Ab/05), Accepted for publication in *Taylor & Francis*.

Lee, M., Sofo, S., **Seibu, M.**, & Agbonor, R. M. (2025). Examining the Influence of Coaching Competencies on Coach Leadership Styles: A Hierarchical Multiple Regression Approach, *Journal of Contemporary Issues in Sport*, Vol.1 (2), pp 32-42.

Esia-Donkoh, K., Kusi, H., & **Seibu, M.** (2025). Overcoming Challenges for Successful College Improvement Planning: Insights from Principals of Colleges of Education in Ghana. *Journal of Tertiary Education and Learning*, Vol. 3(3), pp 10-16. DOI: <https://doi.org/10.54536/jtel.v3i3.6115>

Tahiru, Y. A., Moses, M. O. & **Seibu, M.** (2025). Assessing Socio-Demographic Factors and Stress Management Techniques on Coaches' Performance in Ghana. *Journal of Sports and Physical Education Studies*, Vol. 5(5), pp.1-10. DOI: <https://doi.org/10.32996/jspes.2025>

Seibu, M. (2025). Beyond the Classroom: The Role of Psychosocial Mentoring in the Career Development of Physical Education Student Teachers in Ghana. *Journal of Sports and Physical Education Studies*, Vol. 5(5), pp.11-20. DOI: <https://doi.org/10.32996/jspes.2025>

Seibu, M., Sorkpor, R. S., Darko, R. A., Mensah, R., Kluboito, Y., Frimpong, F., Henry Augutine Pufaa, H. A. (Jnr), & Aloko, E. A. (2025). Student-teachers' concerns: Predictors of pre-internship results among Level 300 physical education student-teachers of University of Education, Winneba, Ghana. *International Journal of Research and Innovation in Social Science*, 9(3), 1400– 1407. <https://dx.doi.org/10.47772/IJRRISS.2025.903SEDU0109>.

Kpor, G., Sorkpor, R.S., **Seibu, M.** & Adamu, R. (2025). Assessment Strategies in Physical Education: Teachers' Perceived Knowledge Employed in their Teaching at Senior High Schools. *International Journal of Research and Innovation in Social*

Science (IJRISS), 9(6), pp 3443-3462. <https://dx.doi.org/10.47772/IJRISS.2025.906000258>.

Adamu, R., Sorkpor, R. S., Darko, R. A., **Seibu, M.**, & Kpor, G. (2025). Physical Activity Practices for Lifelong Well-being Among Senior High School Teachers. *International Journal of Sports Science and Physical Education*: 2025, 10 (2), 70-76. <https://doi.org/10.11648/j.ijsspe.20251002.15>.

Seibu, M., Sorkpor, R. S., Darko, R. A., Mensah, R., Kluboito, Y., Frimpong, F., Henry Augustine Pufaa, H. A. (Jnr), & Aloko, E. A. (2025). Student-teachers' concerns: Predictors of pre-internship results among Level 300 physical education student-teachers of University of Education, Winneba, Ghana. *International Journal of Research and Innovation in Social Science*, 9(3), 1400– 1407. <https://dx.doi.org/10.47772/IJRISS.2025.903SEDU0109>.

Seibu, M., Morounfolu, R. A., Sorkpor, R. S., Mensah, R., & Sifah, R. A. (2025). Perception of Preservice Teachers towards Physical Education Curriculum in University of Education, Winneba, Ghana. *Creative Education*, 16, 90-102. <https://doi.org/10.4236/ce.2025.161006>.

Seibu, M. (2025). Guiding the Next Generation: The Transformative Power of Mentorship and Career Development in Physical Education. *Advances in Physical Education*, 15(1), 1-11. <https://doi.org/10.4236/ape.2025.151001>.

Seibu, M., Adenyoh, C.K., Donkor, S. K., Donkor, S. K., Owusu, K., Mensah, R. & Adjerakor, G. J. (2024). Evaluating Challenges to Quality Mentorship of Sports and Physical Education Interns at the University of Education, Winneba, Ghana. *International Journal of Multicultural Education*, 26(3), 18-32. <https://www.ijmejournal.org/ijme/index.php/ijme/article/view/v26-3-2/v26-3-2.html>.

Darko, R. A., **Seibu, M.**, Johnson, J. M., Osei, L. A. Henry, Augustine Pufaa Jnr, H. A., & Kluboito, Y. (2024). Integrating Physical Activities with Music for Sustainable and Holistic Development of School Children in Winneba. *International Journal of Multicultural Education* 26(2): pp 663-272. <https://zenodo.org/records/14539811>.

Seibu, M., & Morounfolu, R. A. (2024). Determinants of Involvement in E-Sports among Female Undergraduates in HPERS Department, University of Education, Winneba, Ghana. *Southwest Naphersd Journal of Research (SW-NAPHERSDJR)* 5(1) Pp 70-79.

Adenyoh, C. K., Donkor, S. K. **Seibu, M.**, & Addo, A. B. (2023). From Campus Life to Global Health: Understanding Non-Communicable Diseases and Physical Inactivity Among Ghanaian University Students. *International Journal for Early Childhood Care and Educational Research*. <https://journals.uew.edu.gh/index.php/ijeccer/article/view/259>.

Seibu, M. (2023). Influence of perceived prevalent mentors' mentoring characteristics on University of Education, Winneba physical education student-interns'career development in Ghana. *Educational Justice Journal. 2023 Educational Justice Conference Special Edition*. <https://edjusticejournal.org>.

Seibu, M., Ansah, E. W., Amissah-Essel, S., Pufaa, H. J. & Ofori, P. K. (2023). Interpretative phenomenological analysis of physical education student-interns' experiences: Challenges and the role of mentors. *International Journal of Scientific Engineering and Science* 7(2), pp. 31-39. <https://www.researchgate.net/publication/368685259>

Donkor, S. K., Appiah, M., Huagie, S. D. & **Seibu, M.** (2022). Inter-observer evaluation of practical lesson delivery in physical education setting: Nature and demonstration of teachers' instructional cues. *International Journal of Physical Education, Sports and Health* 9(1), PP. 270-275. DOI: <https://doi.org/10.22271/kheljournal.2022.v9,i1e.2377>.

Quansah, F., Hagan, J. E., Sambah, F., Frimpong, J. B., Ankomah, F., Srem-Sai, M., **Seibu, M.**, Abieraba, R. S. K., & Schack, T. (2022). Perceived safety of learning environment and associated anxiety factors during COVID-19 in Ghana: Evidence from physical education practical-oriented program. *European Journal of Investigation Health Psychology and Education* 12, 28–41. <https://doi.org/10.3390/ejihpe12010003>.

Donkor, S. K., & **Seibu, M.** (2020). Hydration and physical activity: Perception of volta zone college of Education athletes in Ghana. *Journal of Physical Activity Research*, 5 (1), 33-40. DOI: 10.12691/jpar-5-1-7. <http://pups.sciepub.com/jpar/5/1/7>

Donkor, S. K., & **Seibu, M.** (2019). Closing the sedentary lifestyle gaps: Investigation factors influencing exercise and physical activity habits among sandwich students at University of Education, Winneba. *Journal of Physical Activity Research*, 4 (1), 73-79. DOI: 10.1291/jpar-4-1-10. <https://www.sciepub.com/journal/jpar>

Seibu, M., & Darko, R. A. (2017). Analysis of effective utilisation of allocated time of interns' teaching during physical education practical lessons. *International Journal of Physiology, Nutrition and Physical Education* 2(1): 23 – 26.

Darko, R. A., & **Seibu, M.** (2016). Investigating into the barriers militating against women taking up coaching roles in Ghana. *International Journals of Physical Education, Sports, and Health*, 3(2), 80-82.

Seibu, M. (2016). Student-teachers' characteristics: Panacea to students' academic achievement in science-related courses in the Department of Health, Physical Education, Recreation, and Sports. *Ilorin Journal of Health, Physical Education, and Recreation*, 9, 120-129.

Seibu, M., & Darko, R. A. (2016). Investigating the difference between male and female pupils 'skill concept acquisition and retention. *International Journals of Physical Education, Sports, and Health*, 3(2), 365-367.

Seibu, M., & Ammah J. O. (2016). Learner involvement variables of skill concept acquisition and retention in practical physical education lessons among primary pupils. *Journal of Science Education and Research*, 2(1), 97-105.

Darko, R. A., **Seibu, M.**, & Akuffo, P. A. (2015). Survey on coach representation at inter-regional basic school's sports festival in Ghana. *International Journal of Multi-Disciplinary Studies and Sport Research*, 5(2), 1031-1037.

Seibu, M. (2015). Assessing academic learning time of students in practical physical education lessons. *International Journal of Multi-Disciplinary Studies and Sport Research*, 5(2), 1130-1135.

Other Scholarly and Creative Works Not Captured in Other Section(s)

- Influence of Mentoring on the Career Development of Physical Education Student-Interns at the University of Education, Winneba, Ghana. (PhD Thesis, University of Cape Coast, 2022).
- Relationship between academic learning time in physical education and skill concepts acquisition and retention. (M. Phil Thesis, University of Education, Winneba, Ghana, 2012).
- Concerns of physical education student teachers during internship. (M. Ed Dissertation, University of Education, Winneba, Ghana, 2009).
- Improving the ability of Form Two students to volley effectively in volleyball in Obrachire Secondary Technical School. (B. Ed Project Work, University of Education, Winneba, Ghana, 2005).

Professional Development (Training Sessions)

COURSE TITLE	LOCATION	PERIOD
• ERP Workshop on Curriculum (Participant).	University Education, Winneba ICT Directorate/ North Assembly Hall	of 11 th December, 2025
• Facilitators Training on Commission for Technical and Vocational Education and Training (CTVET) Capacity Building in Competence-Based Training (CBT) and Its Implementation Processes (Participant)	University of Ghana(UG) Sports Directorate, Legon	6 th -10 th May, 2024
• CITI Program	Online	22 nd April, 2024
- Human Subject Research-Basic (Curriculum Group)		
- Human Subject Research- Social Behavioral-Educational (SBE) Foundations (Course Learner group)		
• Training workshop on Test Items Moderation and Proofreading by the National Teaching Council (NTC).	Ejisu-Kumasi-Ghana	25 th -29 th February, 2024
• Training workshop on Test Items Moderation and Proofreading by the National Teaching Council (NTC).	British Council-Accra, Ghana	13 th -16 th December, 2023
• A Three-Day Training Workshop on the Instructional Resource Assessment Approval Portal (IRAAP).	Koforidua, Ghana	20 th & 22 nd November, 2023
• Departmental Professional Learning Community (PLC) Handbook for	Koforidua, Ghana	16 th -20 th October, 2023
• Departmental Professional Learning Community (PLC) Handbook for SHS/SHTS Writing (Participant/writer)	Ho, Ghana	28 th August -1 st September, 2023
• Training Workshop on UN Toolkit for Sports, Development and Peace (SDP)	Accra, Ghana	13 th - 14 th June, 2023
• Mandatory OSIS 2 Training exercise for Course Allocation and Entry of Students Results (Participant)	UEW, Winneba, Ghana	2 nd May, 2023
• Workshop on Textbooks Assessment	Accra, Ghana	2 nd -4th March, 2023
• Senior High School Curriculum Writing (Participant).	Ho, Ghana	12 th -17 th December, 2022
• Workshop on Myhealthcop TVET Programmes Writing,	UG, Legon	23 rd -25 th November, 2022
• UEW HPERS Retreat for Lecturers (Chairman).	Larteh Akwapim, Ghana	15 th - 17 th September, 2022
• NaCCA/T-TEL Senior High School Curriculum Writers Workshop (Participant).	Koforidua, Ghana	June 20-24, 2022

- UEW Faculty of Science Seminar on Students with Visual Impairment and Sports Betting (**Participant**).
- Re fresher Training Workshop for the Implementation of Common Core Programme (CCP) Curriculum. (**Facilitator**).
- Training of Trainers for UNICEF and Ghana Education Service (GES) Workshop on Sport for Promoting of Safe Schools (**Facilitator**)
- Training of Trainers for UNICEF and (GES) Workshop (Sport for Promoting of Safe Schools) (**Facilitator**).
- Master Trainer Workshop for Pre-Tertiary Curriculum (Physical Education Panel) (**Simulator and Leader**).
- A Training Workshop to Develop a Manual and Teacher's Pack for the Pre-Tertiary Curriculum, (**Developer and Secretary**).

LH3, Winneba, May 4, 2022
Ghana

Cape Coast, Ghana January 10, 2022

Ejisu-Abankro, Ejisu-Abankro, April 26-28, 2021
Ghana

Ejisu-Abankro, Ejisu-Abankro, March 1-3, 2021
Ghana

Koforidua, Ghana. May 23-27, 2019

Accra Ghana February 18-22, 2019

Seminars and Workshops Attended

Name Of Seminar/Workshop	Organisers/Location	Period
<ul style="list-style-type: none"> • ERP Workshop on Curriculum (Participant). • Training Workshop for Thesis Supervisors (Participants). 	UEW ICT Directorate/ North Assembly Hall	11 th December, 2025
<ul style="list-style-type: none"> • Capacity Building Workshop for Staff of Affiliated Colleges of Education to UEW (Supervisor & Facilitator). • Mentoring Workshop for Foreign Languages Lecturers in Affiliated Colleges of Education to UEW (Supervisor) • A 2-Day Workshop on the Continuous Professional Development (CPD) Framework for the Implementation of the New Senior High School B.Ed. Programmes (Participant). • The Effect of Walking on Citizens' Health (Presenter). • Improving Research Data Management with Figshare. (Participant) • Management of Sports Events (Participant) 	School of Graduate Studies. Jophus Anamuah-Mensah Conference Centre. ITECPD. All the Seven Colleges.	28 th October, 2025 9 th -25 th June, 2025
	ITECPD SDA CoE & St. Louis CoE	3 rd &5 th June, 2025
	GTEC, AH Hotel Accra	26 th -27 th May, 2025
	IFMST, Webinar.	27 th May, 2025
	IFMST, Webinar.	14 th October, 2024
	IFMST, Webinar.	21 st August, 2024

• New SHS Curriculum and its Implications on Academic Programmes (Presenter) .	North Assembly Hall, UEW.	5 th July, 2024
• Modern Perspective for Sport and Aging in World Cities (Participant) .	IFMST, Webinar,	28 th May, 2024
• Institute for Educational Research and Innovational Studies (IERIS) Colloquium on making UEW a Research University (Participant) .	IERIS Conference Room, Winneba, Ghana	14 th November, 2023
• Orientation for Deans, Directors, Deputy Directors/Registrars and Heads and Departments (Participant) .	Mana Heights Hotel, Mankessim	10 th November. 2023
• A Day Seminar on Equipping University of Education, Winneba (UEW) on Quality Assurance Issues in GTEC's New Standards and Norms (Participant) .	Winneba, Ghana	May 9 th , 2023
• Fifth UEW Sports Directorate Retreat for Coaches (Moderator/Participant)	Tutu, Ghana	December 1-5.2021
• Faculty of Science Retreat for Faculty members (Participant) .	Elmina, Ghana	August 26 -29, 2021
• Workshop for District/Municipal PE Coordinators on New Standard-Based Curriculum for Primary Schools (Facilitator) .	Ejisu-Abankro, Ghana	March 4, 2021
• Workshop on Competency-Based Training (Participant) .	U.G. Legon,	August 19, 2020
• Workshop on Sport for Promoting of Safe Schools Training of Trainers (Facilitator) .	Ejisu-Abankro, Ghana	June 15-17, 2020
• Workshop to Validate and Finalise Common Core Programme Training Materials (P. E. Panel Member) .	Accra, Ghana	June 2-7, 2020
• Test Item Writing Workshop for lecturers (Participant) .	Winneba, Ghana	February 4, 2020
• Workshop for Common Core Curriculum Writers and Expert Reviewers (P. E. Panel Member) .	Larteh-Akwapim, Ghana	January 27 -28, 2020
• Workshop on Sport for Promoting Safe Schools (Facilitator) .	Koforidua, Ghana	October, 2019
• Workshop on Associate Conditions of Intellectual Disability and Support Services for Children (Participant)	Accra, Ghana	September 7, 2019
• Workshop for UEW Convocation Members on the New Four-Year B.Ed. Curriculum by ITECPD (Participant)	Winneba, Accra	August 19-20, 2019
• Workshop on Textbook Assessment and Approval Process for Pre-Tertiary Education (Participant) .	Koforidua, Ghana	July 16-17, 2019

• Master Trainer Workshop for Pre-Tertiary Curriculum (P. E. Panel Member).	Koforidua, Ghana	June 5, 2019
• ERIS Workshop for all UEW Academic Staff (Participant).	Winneba, Ghana	April 4, 2018
• APTIS Presentation on Raising Standards in English Proficiency by British Council (Participant).	Winneba, Ghana	September 14, 2017
• Northern Region PE Teachers Refresher Course (Facilitator).	Tamale, Ghana	November 5, 2015

Conference(s)

Name Conference	Location	Period
• IAHPEDS International Virtual Round Table Discussion (Presenter).	Hosted at Virginia 22407, USA.	1 st November, 2025
• 1st International Olympic Research Conference (Online).	BCORE Rashtriya Raskha University, India	28 th -29 th January, 2025
• The 8 th International Council for Health, Physical Education, Recreation, Sports and Dance (ICHPER-SD) African Regional Conference 2024 (Presenter)	Kenyatta University (Main Campus) Nairobi-Kenya	11 th -13 th September, 2024
• International Association for Physical Education in Higher Education (AIESEP)(Presenter).	University of Jyväskylä, Finland	13 th -17 th May, 2024
• Afro Sports Summit (Participant)	Accra International Conference Centre	2 nd & 3 rd August, 2023
• 7 th Lagos NAPH-SD Conference/AGM/Election (Presenter).	Lagos, Nigeria	6 th & 9 th June, 2023
• HPERS-UEW and Grambling State University Collaboration Conference (Host and Presenter).	Winneba, Ghana	February,28-March1, 2023
• Professional Development Conference (Participant)	Winneba, Ghana	January 5, 2019
• International Conference for Postgraduate Students (Participant).	Cape-Coast, Ghana	August 17, 2018
• International Multi-Disciplinary Conference for Postgraduate Students SGS-UEW (Participant).	Winneba, Ghana	July 24-28, 2017

Contributions to National Curriculum Development:

Course or instructional materials Development	Period
• B. Ed Physical Education Curriculum for HPERS Department, UEW	2025
• Physical Education and Physical (Elective) Curriculum for Secondary Education (SHS 1 - 3)	2023
• Physical Education and Physical (Core) Curriculum for Secondary Education (SHS 1 - 3)	2023

- Physical and Health Education Curriculum for JHS 1 (Common Core Programme). 2020
- Physical Education Curriculum for Primary Schools (Basic 1-6) 2019
- Handball Manual for Teachers and Coaches 2023
- Sports for Safe Schools Manual: Teacher Resource Pack for Senior High School 2020
- Training Manual for Physical and Health Education for JHS 1 2020
- Senior High School Curriculum Writing Workshop (Ho, Ghana) 2023
- Departmental Professional Learning Community (PLC) 2023 Handbook for SHS/SHTS Writing
- NaCCA/T-TEL Senior High School Curriculum Writers 2022 Workshop
- Committee for Finalising HPERS Programmes for Accreditation 2022 (Chairman)

Student Development(s)

Activity	Number of Students Advised per Year/Semester	Time Spent on Advising per Week
• Graduate Coordinator (Mentorship for Postgraduate Students)	27	40-60 minutes
• Academic Counsellor	152	1 -2 hours
• Supervision of Physical Education student-interns	15-28	2 hours
• Thesis/Project Supervision (Undergraduate & Postgraduate)	25	2 hours
• Participation in Student Organisations	Various	Regular involvement
• Organising Sports & Physical Activities for Students	Varied	Regular sessions
• Encouraging Research & Professional Development	Several Students	As required

Mentorship

Area(s) of Development	Number of Staff Mentored
• Teaching	Two
• Research	Four

Membership of Professional Association(s)

Association	Period
• International Alliance of Health, Physical Education, Dance and Sports (IAHPEDS)	August 30, 2025-Date
• Association Internationale des Écoles Supérieures d'Éducation	August 23, 2025-Date

Physique/International Association of Higher Education in Physical Education (AIESEP)	
• Physical Activity Advocacy Group (Member)	February 22, 2024 – Date
• International Federation of Municipalities, Sports and Tourism (Member)	May 3, 2024 – Date
• Ghana Tertiary Education Commission's National Implementation Support Team (NIST) (Member)	September 27, 2023 – Date
• University Teachers Association of Ghana (UTAG) (Member)	August 15, 2014 – Date
• Handball Association of Ghana, Research and Training Committee (Chairman)	February 13, 2021 – Date
• Handball Association of Ghana (HAG) (Member)	February 13, 2021 – Date
• Central Region Handball Association (Chairman)	May 9, 2008 – Date
• Ghana Association of Health, Physical Education, Recreation, Dance and Sports (GAHPERDS) (Member)	July 19, 2006 – Date

Institutional Service

Committees/Service	Period
• 29 th GUSA Local Technical, Equipment and Facilities Sub-Committee, UEW.	30 th May, 2025-Date
• Committee on Colleges of Education Post Migration Issues (Member)	26 March, 2025-Date
• Faculty of HASHEE Seminar of New SHS Curriculum and its Implications on Academic Programmes (Presenter)	5 th July, 2024
• UEW Representative for the Steering Committee on Research Foundational Literacy & Numeracy (FLN) and Supported Teaching in Schools (STS)	19 th March, 2024-Date
• ITECPD Professional Advisory Board (Member)	November, 2023-Date
• ITECPD Sub-Committee Board on Examination (Member)	November, 2023-Date
• HPERS Department Examination Board (Chairman)	Sept.2021-Aug. 2023
• HPERS Department Graduate Board (Chairman)	Sept. 2021- Aug. 2023
• Faculty of Science Graduate Board (Member)	Sept.2021-Aug.2023
• Faculty of Science Examination Board (Member)	Sept. 2021-Aug. 2023
• Committee for Finalising HPERS Programmes for Accreditation (Chairman).	June 24-27, 2022

- UEW Distance Education Course Book-Content and Foundation Knowledge in Physical Education (**Reviewer**).
- Committee for the Establishment of UEW Wellness Centre (**Member**).
- Committee for Re-Drafting HPERS Department Programmes for Accreditation (**Chairman**).

Community Service

Service	Period
• Frontiers in Sports and Active Living Journal (Reviewer).	4 th November, 2025-Date
• The Scientific Committee of the 1 st International Conference on 'Citizen Sports and Sustainable Urban Development' in the Republic of Iran in October, 2025 (Member)	6 th June, 2025- Date
• Appointment as a Senior Lecturer (Adjunct) at Heritage Christian University College.	2 nd September, 2024 - Date
• A Member of the Appointment and Promotions Committee Heritage Christian University College (PE & Sport External Assessor).	2024 - Date
• Akokere College of Education. Akokere Asanti. (PE External Assessor).	2023 – Date
• Department of HPER, University of Cape Coast (External Examiner).	2023 – Date
• Under 20 and 17 National Handball Coaches (Supervisor)	May 26 th , 2023-Date
• Central Region Handball Association (Chairman).	May 24 th , 2023 – Date
• International Handball Federation (IHF) Africa Zone 3 Female Youth and Junior Challenged Trophy Local Organising Committee (LOC) Accra-Ghana (Technical Member).	April, 10 th - 16 th , 2023
• Education and Scholarship Committee of Handball Association Ghana (HAG) (Chairman).	August 3rd, 2022 – Date
• Effutu Municipal Assembly Sports Unit (Chairman)	August 26 th , 2022 – Date
• Handball Association Ghana (HAG) (Member).	September 21 st , 2022-Date
• Wesley College of Education, Kumasi (PE External Assessor).	June 18 th , 2022 – Date
• Presbyterian College of Education, Akropong–Akuapem (PE External Assessor).	June 5 th , 2022 – Date
• UNICEF and GES Sports for Safe Schools Training Programme (National Monitor).	November 7 th , 2020– Date
• UNICEF and GES Sports for Safe Schools Writing of Manual for elementary school (Technical Consultant).	July 23 rd , 2020-2021

Professional Service or Consultancy Services

- 2019-Date: NaCCA Textbooks/Manuals Reviewer
- July-2020-Date: Technical Consultant, UNICEF and GES Sports for Safe Schools Writing of Manual for Elementary School.
- 2019-Date: Professional Services to NaCCA and T.TEL Standard-based PE Curriculum, Common Core PE Curriculum and PEH Curriculum for SHS.

Grants, Honours, Awards, Prizes or Professional Recognition and Other Key Accomplishments

Name/Type of Award	Awarding Institution or Organisation	Period
• Research Grant	Education Sub Saharan Africa (ESSA) and REAL Centre Early Childhood Development (ECD)	2025-2026
• Research Grant	SAFINET-Finland	2024
• GUSA Handball Gold Medallist Coach Award	UEW Sports Directorate	2024
• Developing and Promoting Sports in School Senya Senior High.	Senya Senior High	2006 – 2010
• Commitment to the Development, Growth and Promotion of Handball.	Central Region Sports Association	2007-2010
• District Best Teacher Award SHS. General Category (Third).	Awutu /Effutu /Senya District	2006- 2007
• Academic Merit Award.	HPERS Department UEW	2003-2004
• Academic Merit Award.	HPERS Department UEW	2002-2003

Referees

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Signature: 

Date: 24/12/2025