



CURRICULUM VITAE

LINDA COBBAH

Department of Integrated Home Economics Education,
Faculty of Health, Allied Sciences and Home Economics Education,
University of Education, Winneba,
P. O. Box 25,
Winneba, Central Region, Ghana.

PERSONAL DETAILS

Date of Birth: 23rd December, 1978
Telephone: +233209989243 / +233547902941
Email: lcobbah@uew.edu.gh
Nationality: Ghanaian

OBJECTIVES

A vibrant, energetic, innovative and self-motivated Post-graduate Professional Home Economics Lecturer with a high sense of commitment, responsibility and the passion for excellence, consistent personal and professional development seeks to contribute the very best towards the achievement of organizational goals.

QUALIFICATION SUMMARY

Twenty-five years of varied experiences in the instructional process (teaching), supervision, mentoring, curriculum development and review and research in Home Economics. Strong desire and passion to facilitate the conduct of research in the area of Food Science, Technical and Vocational and Training (TVET) areas such as Food and Nutrition and other related areas such as diets, nutrition, catering and hospitality, entrepreneurship etc. Very skilled in planning and implementing research findings, preparation and publishing of research papers in international journals. Eager to participate in data collection, cooperate with partners, and presents research results at conferences and workshops while contributing to activities of interdisciplinary projects. Has excellent communication and interpersonal skills with a strong team playing spirit. Result oriented and able to work under pressure with little or no supervision, have good sense of judgment and discretion and the capability to translate concepts into operational plans. Very skilled in networking, negotiation, and innovative problem solving.

Areas of Expertise or Professional Skills: Food and Nutrition, Recipe Development, Event Planning, Exhibition Organisation, Catering and Hospitality, Home Economics Education, Entrepreneurship Education, Public speaking, Supervision, Research, Mentoring, Test item writing and moderation, Academic Counselling and Career Guidance, Curriculum development and Review.

Professional Qualification(s):

	<i>Awarding Institution</i>	<i>Qualification</i>	<i>Period</i>
1	University for Development Studies	PhD. Food Science and Technology	2023 To Date
2	University of Education, Winneba	M.Phil. H. Econs. (Food and Nutrition)	2012 - 2017
3	University of Education, Winneba	B. Ed. Home Economics (Food and Nutrition)	2005 - 2009
4	O.L.A. College of Education Cape Coast	Teacher's Certificate 'A'	1997 - 2000

Professional Responsibilities:

	<i>Position</i>	<i>Office/Location</i>	<i>Period</i>
1	Lecturer	University of Education, Winneba	01/2024 to date
2	Assist Lecturer	University of Education, Winneba	24/02/2020 to 01/2024
3	Examinations officer	(Integrated Home Economics Edu. and Fam. Life Mgt. Edu. Departments)	08/2020 to 06/2022
4	Academic counsellor	(Integrated Home Economics Edu.)	09/2020 to date

Education:

<i>Qualification/Certificate obtained</i>	<i>Name of Institution Attended</i>	<i>Date</i>
1. PhD. Food Science and Technology	University for Dev't Studies, Tamale	2023- Ongoing
2. M.Phil H. Econs (Food and Nutrition)	University of Education, Winneba	2012 – 2017
3. B. Ed. Home Economics (Food and Nutrition)	University of Education, Winneba	2005=2009
4. O.L.A. College of Education, Cape Coast	Teacher's Certificate 'A'	1997 - 2000
5. Apam Secondary School, Apam	SSCE	1993 – 1996

Career History:

<i>Position/Title</i>	<i>Name of Institution</i>	<i>Date</i>
Lecturer	University of Education, Winneba	02/2020 - To Date

Responsibilities:

1. Lecturing undergraduate courses in Home Economics Education
2. Supervising students research works at the Undergraduate level
3. Providing academic counseling for students (Level 300)
4. Examinations officer

Tutor Holy Child College of Education, Takoradi 09/2018 - 01/2020

Responsibilities:

1. Course Tutor
2. Link Tutor
3. Supervisor of students' project work.
4. Member of Teaching Practice, examinations and Refreshment Committees.

Part-time Course lecturer UEW, Dept. of Home Economics Education 02/2019 to 05/2019

Responsibilities:

Lecturing undergraduate courses in Home Economics Education

Part- time Course Tutor UEW IDeL 2018 – 2020

Responsibilities:

Lecturing undergraduate courses in Home Economics

Tutor UCC, College of Education Studies' Post-Dip. Sandwich Prog. 2018 – 2020

Responsibilities:

Teaching undergraduate courses in Home Economics education

Teacher Winneba Secondary School 2011- 2018

Responsibilities:

1. Teaching Home Economics subjects
2. Head of Home Economics Department,
3. Member of Academic Board, Culture and Exhibition, Counseling and Refreshment Committees

Part time teacher S.H. Amissah Memorial Vocational Institute, Winneba 2011- 2018

Responsibilities:

1. Teaching catering and entrepreneurship
2. Member of counselling team

Examiner, Moderator and Item Writer West African Examination Council 2013 to date

Responsibilities:

1. Moderation of BDT Home Economics test items for BECE.
2. Item writing for of BDT Home Economics BECE.
3. Team leader: vetting of assistant examiners' scripts for both WASSCE and BECE (Theory).
4. Marking of live WASSCE Food and Nutrition and BECE BDT Home Econs. scripts (Theory).
5. Marking of live WASSCE Food and Nutrition and Clothing and Textiles (Practical).

Teacher, Owerri Senior High Technical School, Asante-Akim Domeabra 2010 – 2011

Responsibilities:

1. Teaching Home Economics subjects

2. Form Mistress		
Teacher	A.M.E. Zion ‘D’ J.H.S ., Winneba	2009 - 2010
<i>Responsibilities:</i>		
1. Teaching BDT (Home Economics),		
2. First Aid Mistress		
Teacher	A.M.E. Zion ‘A, B & C’ J.H.S. Winneba	2002 - 2005
<i>Responsibilities:</i>		
1. Teaching Catering, Fante and Religious and Moral Education		
2. First Aid Mistress		
Teacher	Pomadze D/A J.H.S.	2001- 2002
<i>Responsibilities:</i>		
1. Teaching Catering, Mathematics		
2. S.H.E.P. Coordinator and First Aid Mistress		
Teacher	Gomoa Assin Brofoyedur D/A Primary School	2000 – 2001
<i>Responsibilities:</i>		
1. Class Teacher		
2. Staff Treasurer,		
3. S.H.E.P. Coordinator		

Publications, Research/Projects Conducted or Undertaken, Creative Works/Productions Produced:

- Opoku, D. A. & Cobbah, L. (2024). A survey on the knowledge and use of quail eggs in the Effutu municipality of the central region of Ghana. *International Journal of Family and Consumer Sciences*, 11(1.0), 1 -10. <http://ijfacs.org>
- Cobbah, L., Amfo-Antiri, A. & Madah, K. C. (2024). Organoleptic and acceptability assessment of selected improved indigenous Ghanaian dishes. *International Journal of Family and Consumer Sciences*, 11, 85-100. <https://ijfacs.org/index.php/ijfacs/article/view...>
- Cobbah, L., Edumadzie, M. E. & Ogoe, J. (2023). Endangered Indigenous Ghanaian Dishes: Home Economics Students of University of Education, Winneba, Ghana’s Perspective, *Kwame Nkrumah University Multi-Disciplinary Journal, Vol.1, 2023*
- Amfo-Antiri, A.¹ Agyapong, N. A. F. ² & Cobbah¹ L. (2023) Dietary Habits and Nutritional Challenges of the Elderly in Ghana. *Journal of Nutrition and Metabolism 3011067*
- Cobbah, L.; Ashun, E. K. & Akunor-Sackey, R. J. (2022). Comparative Analysis of Efficiency of Balloon Whisk and Wooden Spoon in Preparing Cakes in Schools and Colleges in Ghana; *Journal of Home Economics Research*. Vol. 29 (2), December 2022, pp. 22 -34

Cobbah, L. (2021). The influence of dietary practices on class participation and learning outcomes of boarding students: the case of Winneba Senior High school. *Journal of Home Economics Research (JHER) - Vol.2 - No.-Sept.1, 2021.*

Cobbah, L. and Bonney, E, A. (2021). Dietary practices and influencing factors of Winneba SHS students *JINAV: Journal of Information and Visualization; Vol.2 No. 1 (2021)*

Course or instructional materials/books written

Period

Authors(s)	Title	Year
Cobbah, L., Ogoe, J., Saeed, M.& Madah, K. C.	A comprehensive Guide to Seminar Presentation	Jan 2025
Madah, K. C. & Cobbah, L.	Four-Year B.Ed. Course Manual: Product Development and Action Research in Home Economics for College for Distance and e-Learning, University of Education, Winneba	July, 2024
Madah, K. C. & Cobbah, L.	Four-Year B.Ed. Course Manual: Enterprise Management in Home Economics	Feb. 2024
Cobbah, L.	Fundamentals of Entrepreneurial Skills for Schools and Colleges	Jan. 2023
Cobbah, L.	Food and Nutrition Practical Manual for West African Schools and Colleges	Jan. 2021

Conference(s), Seminars and Workshops:

NAME OF CONFERENCE / SEMINAR / WORKSHOP	ORGANISED BY	TITLE OF PAPER PRESENTED	VENUE	START DATE	END DATE
Workshop on Enhancing Research Visibility	Office of the Pro-Vice Chancellor, UEW	Participant	Jophus Anamuah-Mensah Auditorium	11-07-2025	11-07-2025
Seminar on Responsible ai use in research.	Dept of Food Science and Technology, UDS.	Participant	Virtual	03/07/2025	03/07/2025
Navigation the new normal, harnessing 21 st century technology for sustainable future.	Ghana Home Economics Association	ICT integration in Home Economics educations	Mfantsiman Girls SHS. Saltpond	26/06/2025	26/06/2025
Scaling Up Food Processing in Africa – the Role of Young	Association of African Universities	PARTICIPANT	VIRTUAL	30/05/25	30/05/25

Scientists - AAU/IUFoST Roundtable	(AAU) in collaboration with the International Union of Food Science and Technology (IUFoST),				
Bimonthly Webinar Series: Quality and Food Safety Culture	Ghana Association of Food Scientists and Technologists (GhAFoST)	Participant	Virtual	28/05/25	28/05/25
Transforming Education in Health, Allied Sciences and Home Economics: Bridging Local Realities with Global Innovations (Seminar 1)	Faculty of Health, Allied Sciences and Home Economics Education	Participant	North Assembly Hall, North Campus.	19/03/2025	19/03/2025
Transforming Education in Health, Allied Sciences and Home Economics: Bridging Local Realities with Global Innovations (Seminar 2)	Faculty of Health, Allied Sciences and Home Economics Education	Participant	North Assembly Hall, North Campus.	05/03/2025	05/03/2025
Transforming Education in Health, Allied Sciences and Home Economics: Bridging Local Realities with Global Innovations (Seminar 2)	Division of Human Resource		North Assembly Hall, North Campus.	05/02/2025	05/02/2025
Workshop Addressing GTEC's Concerns on the New B. ED Curriculum.	Office of the Pro-Vice Chancellor - UEW		Registrars Conference Room, North Campus	28/01/2025	30/01/2025

LAGS WORKSHOP 2025 Writing Abstract and Effective Literature Reviews	Linguistics Association of Ghana (Lag)		Virtual	14/01/2025	14/01/2025
7 th Ghana FELTP Scientific Conference and Competency	Ghana FELTP		AH Hotel, Accra	03/12/2024	04/12/2024
The GQAA Free Advisory, Consultative & Supportive Webinar Series	Global Quality Assurance Association		Virtual	13/11/2024	13/11/2024
Emerging Issues in African Higher Education in Sub- Saharan Africa" webinar series (Episode 2)	Association of African Universities' (AAU)	1. Building infrastructure and facilities in higher education institutions in Sub-Saharan Africa 2. Improving research and innovation in higher education institutions in Sub- Saharan Africa 3. Advancing governance and management in higher education institutions in Sub-Saharan Africa	Virtual	22/10/2024	22/10/2024
Emerging Issues in African Higher Education in Sub- Saharan Africa" webinar series (Episode 1)	Association of African Universities' (AAU)		Virtual	15/10/2024	15/10/2024
Using The Chisquare AI Tool Kit in Writing Research Proposal in Minutes	Chisquares University		Virtual	02/10/2024	02/10/2024
Faculty Research Seminar	Faculty of Health, Allied Sciences and Home Economics Education.	Participant	Seminar Room 3, Student Centre	26/06/2024	26/06/2024

Bridging the Gap: Real-world Impact and the Potential of Public Scholarship in STEM with The Conversation Africa	Taylor & Francis group	Participant	Virtual	20/03/2024	20/03/2024
Faculty Research Seminar	Faculty of Health, Allied Sciences and Home Economics Education.	Participant	Demonstration Theatre, UEW, Winneba	20/03/2024	20/03/2024
International Women's Day Seminar	Gender Mainstream Directorate, UEW	Participant	North Assembly Hall, UEW, Winneba	07/03/2024	09/03/2024
Inaugural Research Seminar	Faculty of Health, Allied Sciences and Home Economics Education	Participant	North Assembly Hall, UEW, Winneba	21/02/2024	21/02/2024
Entrepreneurship and skill training Workshop	National Service Personnel Association (NASPA), Effutu Municipal	Facilitator: Becoming an entrepreneur: risk, challenges and solutions	North Assembly Hall, UEW, Winneba	03/08/2023	04/08/2023
Maiden E-Learning Ghana Conference 2023	Kwame Nkrumah University of Science and Technology ELearning Centre	Participant	KNUST, Kumasi (Virtual)	06/07/2023	06/07/2023

Leadership and Entrepreneurship Workshop 2023	Home Economics Students Association in collaboration with, Entrepreneurship Club, Home Economics, BBA and Osei Tutu Old students Asso. UEW, Winneba Chapter.	Facilitator (Idea development for a sustainable economic development and self-reliance.)	Kojo Baah Wiredu Lecture Theatre, North Campus, UEW, Winneba	24/06/2023	24/06/2023
Ethical Review in Responsible Research to Accelerate Sustainable Development	Faculty of Home Economics Education	Participant	Student Centre Seminar Room 3 Winneba	24/05/2023	24/05/2023
New GTEC Standards and Norms on Quality Assurance Issues	Division of Quality Assurance-UEW	Participant	Jophus Anamuah-Mensah Conference Centre Winneba	09/05/2023	09/05/2023
6 th International Multi-disciplinary Conference for Postgraduate Students	School of Graduate Studies- UEW	Participant	Jophus Anamuah-Mensah Conference Centre Winneba	07/09/2022	09/09/2022
Annual Ghana Geographers Association Conference	Ghana Geographers Association	The gradual extinction of indigenous Ghanaian dishes. Is migration to be blamed?	University of Cape Coast (UCC) Cape Coast	16/11/2022	19/11/2022
11th Annual Conference of Family and Consumer Sciences Society of Nigeria (FACSSON)	Family and Consumer Sciences Society of Nigeria (FACSSON)	Participant	Nigeria (Virtual)	07/11/2022	11/11/2022

Faculty of Home Economics Seminar Series	Faculty of Home Economics Education	Participant	Dem. Theatre North Campus, Winneba	12/10/2022	12/10/2022
23rd Home Economics Research Association of Nigeria Conference	Home Economics Research Association of Nigeria (HERAN)	A survey on knowledge and use of quail eggs in the Effutu municipality,	Nigeria (Virtual)	21/09/2022	24/09/2022
		Central Region – Ghana.			
1 st Decolonising Education Conference	Kwame Nkrumah University, Zambia	Endangered Indigenous Ghanaian Dishes: Home Economics Students of University of Education, Winneba, Ghana's Perspective	Zambia (Virtual)	11/08/2022	12/08/2022
6 th Biennial Social Science Conference	Faculty of Social Science Education	Participant	Jophus Anamuah Mensah Auditorium-UEW Winneba	20/07/2022	21/07/2022
Curriculum Development Workshop	Department of Integrated Home Economics Education	Participant	Royal Lee's Hotel – Tutu Akuapim	14/07/2022	16/07/2022
Examination invigilation workshop	Faculty of Home Economics Education	Participant	Clothing Lab 2- UEW, Winneba	26/05/2022	26/05/2022
Leadership seminar	Gender Mainstreaming Directorate UEW	Participant	North Assembly Hall- UEW Winneba	19/05/2022	19/05/2022
Entrepreneurship Summit	Home Economics Students Asso. (HESA) - UEW	Participant	Joseph Bannerman LT1- UEW Winneba	30/04/2022	30/04/2022

WoHEN International Women's Day Forum	Women in Higher Education Network and Association of African University	Participant	Virtual	08/03/2022	08/03/2022
Academic Retreat	Faculty of Home Economics Education	Participant	Windy Lodge Hotel, Winneba	11/11/2020	12/11/2020
Quality Assurance in Records, Library and Examinations	Association of African Universities	Participant	Virtual	24/09/2020	24/09/2020
21 st Home Economics Research Association of Nigeria Conference	Home Economics Research	1. Influence of Dietary Practices on Class	Virtual	16/09/2020	18/09/2020
	Association of Nigeria (HERAN)	Participation and Learning Outcomes of Boarding Students: A Case of Winneba Senior High School. 2. Food Vendors and Hygiene practices in Effutu Municipality.			
Quality Assurance Workshop in the Higher Education Learner-Centred Teaching Skills: The Foundations of Education	Association of African Universities	Participant	Virtual	15/09/2020	15/09/2020
Quality Assurance Workshop in Research and Project Grants Proposal Writing	Association of African Universities	Participant	Virtual	10/09/2020	10/09/2020
UEW COVID -19 Webinar 4: Covid-19: Implications on Distance Education and affiliated Colleges	University of Education, Winneba.	Participant	Virtual	15/05/2020	15/05/2020

of Education Students at UEW.					
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Curriculum Development:

Courses taught at the undergraduate level

- Introduction to Home Economics
- Family meal management
- Food commodities
- Confectionary Science
- Pedagogical methods of teaching Home Economics
- Recipe development and food preservation
- Entrepreneurship education and costing

Student Development:

Academic counsellor (Integrated Home Economics Dept. UEW)
 Patron (Ghana National Association of Teachers on Campus (GNATOC))
 Patron (Entrepreneurship Club, UEW)

Membership of Professional Association(s):

<i>Name of Association</i>	<i>Position held (if applicable)</i>	<i>Period</i>
Ghana Association of Food Scientists and Technologists (GhAFoST).	Member	05/2024 to date
Home Economics Researchers' Association of Nigeria (HERAN)	Member	09/2020 - Date
University Teachers Association of Ghana (UTAG)	Member	02/2020 - Date
Association of African Universities (AAU)	Member	2020 - Date
Ghana Home Economics Association (GHEA)	Member	2009 - Date

Institutional Service:

<i>Name of Committee(s) and/or Board(s)</i>	<i>Position or role</i>	<i>Period</i>
Faculty educational fair committee	member	01/2024 to date
Curriculum Review Committee	Secretary	05/2023 to date
Faculty Board	Member	08/2022 – 03/2022
Timetable Committee, UEW	Member	05/2021 – 03/2022
Faculty retreat planning committee	Chair	11/09/2021 to date
Enrollment drive team	Leader	2021 to date

Community Service:

<i>Name of Institution/Organisation</i>	<i>Position(s) held (if applicable)</i>	<i>Period</i>
UEW workers pensioners association, Winneba	Regular Resource person	2024 – date

Government workers pensioners association, Winneba.	Regular Resource person	2024 – date
Radio Windybay (UEW, Winneba)	Regular guest on Diet Diary	2023 – date
Community Education on healthy eating habits (Winneba)	Facilitator	2020 – date
Community based skill training workshops (Winneba)	Facilitator	2020 – date

Other Accomplishments:

Exhibitions organised

1. Exhibition of snacks from indigenous food commodities for diabetics and hypertensive patients (2023)
2. Exhibition of preserved indigenous Ghanaian food commodities (2022)
3. Exhibition of improved indigenous Ghanaian dishes for vegetarians and toddlers (2021)
4. Exhibition of improved indigenous Ghanaian festive and festival dishes (2020)

Referees:

1. Dr. Rosemary Quarcoo
HoD Int. Home Econs. Edu. du.
Faculty of Health, Allied Sci and Home Econs.
University of Edu., Winneba.
Tel: +233 244974516
Email: rquarcoo@uew.edu.gh
2. Prof. Emmanuel O. Sarpong,
Dean, Faculty of Health, Allied Sciences and Home Economics Education.
University of Edu., Winneba.
Tel: +233 244518031
Email: eosarpong@uew.edu.gh
3. Prof. Phyllis Forster
Former Dean, Faculty of Home Econs Education.
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Signature: -----

Linda Cobbah

