



Curriculum Vitae

PERSONAL DATA

Title: Associate Professor
Surname: Bedu-Addo
First Name: Paul
Middle Name: Kobina Annan
Date of Birth: 11th June, 1963
Postal Address: Department of Counselling Psychology
Faculty of Educational Studies, University of Education, Winneba
P.O. Box 25, Winneba
Cell Phone: 0201192484/0241813953
Email Address: koby63@gmail.com AND pkabaddo@uew.edu.gh
Nationality: GHANAIAN

My Profile

I am a professional teacher with 34 years of teaching experience, 25 years at the university level and 9 years at the pre-university level. Apart from my teaching responsibilities at the university level I have risen to become an Acting Director for Counselling Services, UEW and also the Acting Head of Department, Counselling Psychology. As the Acting Director for Counselling Services I originated a psychoeducational programme on Windy Bay FM (UEW) christened “Nuggets for Life” which catered for students, staff and the indigenes of Winneba on issues such as dealing with suicidal ideations, depression, generalized anxiety, relationships, family life academic stress etc. Additionally, I established an ‘early warning system’, together with my staff by training over 800 ‘First Aiders’. These were ‘lay’ students who were given a three –day training in how to recognize psychosomatic symptoms such as depression, generalized anxiety and suicidal ideations, and notify the Counselling Centre on hotlines for prompt redress.

I have in-depth experience in teaching in tertiary institutions with outstanding expertise in research, skills and competency training of counselling psychologists, academic counsellors and students. My skills and competencies at the tertiary level also include teaching (virtual and face-to-face modes), supervising theses and dissertations, as well as providing mentorship to Ph.D. students, assistant lecturers and lecturers. I also have rich experience in consultancy in

organizational development and change, as well as organizational behaviour. Additionally, I am a reader and reviewer of International Organizations and Journals such as World Education Research Association (WERA), Mid-Western Educational Research Association (MWERA Ohio), South African Journal of Human Resource Management (SAJHRM) and South African Journal of Industrial Psychology (SAJIP). Finally, I have interest, as well as in-depth knowledge, skills and competences in research methods at the postgraduate level with particular reference to quantitative, qualitative and mixed methods research.

Academic Qualifications

October, 2006 to September, 2010: Doctor of Philosophy (Ph.D.) Applied Psychology, Institute of Work, Health and Organizations, University of Nottingham, UK.

Key Modules

- Getting started in educational research
- Qualitative Approaches to research, data collection and analysis
- Qualitative Approaches to research, data collection and analysis
- Mixed Methods Approaches to research, data collection and analysis
- Thesis writing , presentation and publishing

Thesis: *Work-family interference among Ghanaian women in higher status occupations*
(Pass)

Thesis Supervisors: Prof. Tom Cox, OBE; Prof. Nigel Hunt

External Examiner: Prof. Caroline Gattrell, Lancaster University, UK

Internal Examiner: Dr. Shirley Thomas

Synopsis of my Thesis

- The study investigated nature and amount of work-family interference and work-related stress experienced by Ghanaian professional women and the damage it causes to their well-being, organisational productivity, family cohesion and job satisfaction.
- The study was an Explanatory Sequential Mixed Methods Design undergirded by the pragmatist philosophical thought. Employed a multi-stage data collection strategy using interviews schedules, questionnaires and semi-structured questionnaires.
- The study showed that women generally experience work-related stress and work family interference. However receipt of quality supervisor support moderates their experience of work-related stress while quality spouse and child support attenuates their experience of work-family interference. Additionally, work-family interference only affected women's feeling of worn out and tense, but not family satisfaction or job satisfaction.

September, 1996 to November, 1998. Master of Philosophy (M.Phil.) Guidance and Counselling, Faculty of Education, University of Cape Coast, Ghana

Key Modules

- Theoretical/Philosophical Foundations of Guidance and Counselling
- Research Methods in Education
- Assessment in Schools
- Advanced Psychology of Learning and Instructions
- Guidance and Counselling Practicum

Thesis: *‘Influence of work-related stress on the home interactions of bankers in the Kumasi Metropolis’.*

October, 1985 to November, 1989. Bachelor of Education (Hons); Diploma in Religions, Faculty of Education, University of Cape Coast, Ghana

Key Modules

- Counselling Theories
- Research Methods
- Exceptional Psychology
- Educational Psychology
- Comparative Education
- Counselling Practicum

Project Work: *‘The need for Vocational Guidance programmes in Ghanaian Secondary Schools’*

Professional Responsibilities:

- Head of Department, Department of Counselling Psychology 2022 to 2023
- Ag. Director Counselling Services UEW, Counselling Centre, 2016 – 2018
- Tertiary Programmes Assessor National Accreditation Board 2016 to date
- Academic Counsellor, Ph.D. students, Department of Counselling Psychology, 2018 to date
- Academic Counsellor, M.Phil. students, Department of Counselling Psychology, 2016 to 2018
- Academic Counsellor, M.Phil. students, Department of Counselling Psychology, 2011 to 2015
- Academic Counsellor, Post Diploma, Department of Psychology and Education, 2005 – 2006
- Counselling Coordinator Kumasi Campus, UEW 2000 - 2005

Education

Qualification/Certificate obtained	Name of Institution Attended	Date
Doctor of Philosophy (Ph.D.) (Applied Psychology)	Inst. of Work, Health and Organizations. University of Nottingham, UK	2006 -2010
M.Phil. (Guidance and Counselling)	Department of Educational Foundations, University of Cape Coast.	1996 - 1998
B.Ed. (Hons); Diploma in Religions Second Class (Upper Division)	Department of Educational Foundations, University of Cape Coast	1985 – 1989

GCE A' Level	Mfantsipim School, Cape Coast, Ghana	1981 – 1983
GCE O' Level	Mfantsipim School, Cape Coast, Ghana	1976 - 1981

Career History

➤ Full Time Lecturer, Departments of Psychology and Education/Counselling Psychology, UEW, 2005 to date

- **Teach Ph.D. (Guidance and Counselling/Counselling Psychology) students. – Level 900.**

I teach courses relating to Quantitative Methodologies and Ethics in Research, Advanced Career and Workplace Counselling, Digital and Contemporary Instruction in Counselling Psychology, Studies in Qualitative Research, Studies in Mixed Methods Research and Contemporary and Digital Instruction in Counselling

- **Teach M.Phil. (Counselling Psychology) students. Level 800.**

I teach courses relating to Introduction to Counselling Psychology, Research Methods in Counselling Psychology, Multicultural Counselling- Gender, Spirituality & Culture and Tests and Assessment in Counselling Psychology.

- **Teach M.Ed. Counselling Psychology and M.Ed. Guidance and Counselling students. Level 700.**

I teach courses relating to Introduction to Counselling Psychology, Guidance and Counselling in Education, Principles and Practice of Guidance and Counselling, Uses of Tests in Counselling

- **Teach Undergraduate students. Level 100 – 400.** I teach courses relating to
Psychology of Human Development and Learning
Research Methods
Guidance and Counselling
Principles and Practice of Teaching

➤ Adjunct Lecturer – Ghana Institute of Management and Public Administration (GIMPA) 2011-2013

- **Teach Executive MBA and MBA students.** I teach courses relating to Organizational Behaviour, Organizational Culture, Organizational Change and Development and Group Dynamics

➤ Full Time Lecturer, Department of Interdisciplinary Studies, UEW, 2000-2005

- Teach Undergraduate students. I teach courses related to research methods principles and practice of teaching and guidance and counselling
- **Teaching Assistant, Department of Educational Foundations, University of Cape Coast, 1996 -1998**
- Organized tutorials and quizzes in guidance and counselling, exceptional psychology, measurement and evaluation for undergraduate students and taught them.
 - Constructing marking schemes, marking and grading student’s scripts and assignments
 - Supervised students’ project work and counselling practicum
 - Conducted quantitative research with senior academic staff
- **Antoa Senior High School, Antoa, Ashanti Region, Ghana, 1993 -1994**
- English Tutor.
- **Prince of Peace Girls’ Senior High School, Kumasi, Ashanti Region, 1991-1993**
- English Tutor.
- **National Service Person, Non-Formal Education Division, Ministry of Education Headquarters, Accra, 1989 - 1991**

ARTICLES IN REFEREED JOURNALS [2012 ,TILL DATE]

1. Amos, M. A., Bedu-Addo, P.K. A & Antwi, T. (2020). Experiences of online counseling among undergraduates in some Ghanaian Universities: *Sage Open (10)*3; 1-11.
2. Abrokwah, B.K. Krog, S., Bedu-Addo, P.K.A. & Aboiyom, A.I. (2022). Preschool teachers’ self-efficacy belief in managing preschoolers in large class sizes. *East African Scholars Journal of Psychology and Behavioural Sciences, 4, (4)*; 105 – 116
3. Dogbey, A. E., Bedu-Addo, P.K.A. & Osei-Tutu, D. (2022). Examining counselling needs of divorcees and children of divorce: A case study of Asogli State in the Volta Region of Ghana. *Hybrid Journal of Psychology, 3 (1)*; 7-16.
4. Apoenchir, K., Bedu-Addo, P.K.A., Saaha Bornaa, C., Tawiah Dabone, K., Kwarteng-Nantwi, E., Atta-Gyamfi, G., Amanyi Churcher, K., Oppong-Wusu, M., Owusu-Sekyere, F. & Kissi-Abrokwa, B. (2023). Impact of mathematics teachers’ self-efficacy belief and professional development on teaching mathematics in inclusive settings in Ghana. *Contemporary Mathematics and Science Education, 4 (1)*; 1-10.
5. Borna, C. S., Oppon-Wusu, M., Bedu-Addo, P. K. A., Dabone, K. T., Kwarteng-Nantwi, E., Churcher, K. A., Aninganigu, K., Owusu-Sekyere, F., & Kissi-Abrokwah, B. (2023).

Professional Development of Mathematics Teachers: Its Impact on Their Classroom Delivery in Ghana. *East African Journal of Education Studies*, 6(1), 320-337

6. Bedu-Addo, P.K.A., Mahama, I., Amoako, B.M., Amos, P.M. & Antwi, T. (2023). Neglectful parenting and personality traits as predictors of malevolent creativity among Ghanaian tertiary students. *Creative Education*, 14: 232-244.
7. Bedu-Addo, P.K.A. (2023). Assessing the impact of work-related stress (WRS) and work family interference (WFI) on the well-being of Ghanaian professional women: Who is at risk? *International Journal of Research and Innovation in Social Sciences*, 5 (2); 174-189.
8. Bedu-Addo, P.K.A. (2022). A case for indigenous Ghanaian counselling practice. *Asian Journal of Advanced Research and Reports*, 16 (11); 109 – 122.
9. Bedu-Addo, P.K.A & Asare, M. (2022). Marital satisfaction blues among Ghanaian spouses: Can premarital counselling be a panacea? *Advances in Research*, 23(6); 80 – 90.
10. Bedu-Addo, P.K.A. & Ficus Gyasi (2023). Determinants of test anxiety among undergraduate students in Ghana. *International Journal of Research and Innovation in Social Science*, 5(1), 1281-1288.
11. Bedu-Addo, P.K.A., Brimah, M. & Dogbey, A. E. (2022). Students' career readiness: Issues and evidence from Mawuko Girls Senior High School in Ho Municipality. *International Journal for Research in Arts and Humanities*, 2, (3); 8-14.
12. Abrokwah, B.K. Krog, S., Bedu-Addo, P.K.A. & Aboyom, A.I. (2022). Effect of large class size and teacher-learner ratio classroom management in Early Childhood Educational Centres in Ghana. *International Journal of Education and Social Science Research*, 5 (5); 382-401.
13. Sackey, M.M., Bedu-Addo, P.K.A., Andoh-Robertson, T. & Asiedu, B. (2022). Influence of training and development on non-teaching staff performance in the University of Mines and Technology, Tarkwa. *International Journal of Research and Innovation in Social Science*, Volume VI, Issue IV, 727 – 733.
14. Dabone, K.T., Serebour Asante, J., Kissi-Abrokwah, B., Saani, Andul-Jaleel & Bedu-Addo, P.K.A. (2023). Teenage pregnancy and child education in Ghana: Implications for counselling. *International Journal of Research Trends and Innovation*, 8 (2); 160-166.
15. Dabone, K.T., Saani, Andul-Jaleel, Serebour Asante, J., Kissi-Abrokwah, B., & Bedu-Addo, P.K.A. (2023). Effect of students' involvement in small scale mining on academic performance: A case of Nkawkaw Senior High School. *International Journal of Current Science*, 13 (1); 656-666.
16. Bedu-Addo P.K.A. (2021). *Psychology of human development and learning. A new approach*, (2nd ed.), Kumasi: Approachers Ghana Limited (199 pages).

17. Bedu-Addo P.K.A. (2019). *Psychology of human development and learning: A new approach, (1st ed.)*: Kumasi: Approachers Ghana Limited (188 pages).
18. Bedu-Addo P.K.A. (2019). *Fundamentals of teaching (1st ed.)*, Kumasi: Approachers Ghana Limited. (226 pages)
19. Bedu-Addo P.K.A. (2019). *Guidance and counselling 'unmasked' (4th ed.) revised*. Kumasi: Approachers Ghana Limited (250 pages).
20. Bedu-Addo P.K.A. (2016). *Guidance and counselling 'unmasked' (4th ed.)* Kumasi: Approachers Ghana Limited (250 pages).
21. Bedu-Addo, P.K.A. (2014). *Guidance and counselling 'unmasked' 3rd Edition*, Kumasi: Approachers Ghana Limited (pp. 375).
22. Bedu-Addo, P.K.A. (2014). Work-family interference: Perceptions from professional Ghanaian women. In Godwyll, F.E., Otiato, P., Bedu-Addo, P.K.A. (Eds.) *Perspectives of empowering education*. New York, NY: Nova Science.
23. Godwyll, F.E., Otiato, P., Bedu-Addo, P.K.A. (Eds.) (2014). *Perspectives of empowering education*. New York, NY: Nova Science.
24. Bedu-Addo, P.K.A. & Okae-Anti, A.A. (2013). Psychosocial effects of stigma and discrimination of Persons Living with HIV/AIDS: A case study of PLWHA at the Police Hospital. *Ghana Journal of Education and Teaching*, 13
25. Bedu-Addo, P.K.A. (2013). Balancing work-related stress and family interaction: A banking perspective. *Ife Psychologia*, 21(2), 133-140.
26. Bedu-Addo, P.K.A. & Akinade, E.A. (2013). Work-related stress among bankers: Implications for counselling. *The Counsellor* 32 (1&2), 1-12.
27. Bedu-Addo, P.K.A. (2012). Influence of work-related stress on bankers' home interactions: What has marriage and children got to do with it? *Journal of Research and Development in Education*, 10, 102-112.

REFEREED CONFERENCES PROCEEDINGS/ARTICLES: REVIEWS OF OTHERS' WORK.

World Education Research Association, Focal Meeting, Tokyo, Japan, 5th-8th August, 2019

Reviewed Papers

Contribution 161: "Smart and happy together? A comparative study of school effects and student achievement and well-being

Contribution 205: "An international collaboration the mental health educators: Strengthening emotional well- being

Contribution 539: *“Inclusive education and positive classroom environments*

Contribution 340: *“Victimization, school sense of belonging and mental health outcomes among elementary students in China*

Contribution 522: *“The effect of left-behind status on students’ emotional-competency in Western China*

South African Journal of Human Resource Management (2013)

Reviewed Papers

Review 484 *“The job demands resource model of work engagement in South African call centers*

Review 517 *“The motivational value of rewards among Malawi’s health professionals*

Senior Members /Doctoral Research Internal Assessment

- Faculty of Education Internal Assessment of candidates for promotion to Senior Lecturer (2 Senior Members) 2015.
- Faculty of Education (FES) Internal Assessment for Ph.D Theses (Department for Psychology and Education. Edoh-Torgah, Nyueimedzi Ama – *Exploring coping strategies of adult survivors of child labour in the Central Region of Ghana.* 2015

Doctoral Research Supervision

Completed Theses

- **Antwi, Theresa** – *Analytical study of determinants of academic performance of pupils at the basic level of education in the Efutu Municipality.* (2015 – 2018)
- **Patricia Mawusi Amos** - *Digitizing counselling practice: A comparative analysis of counsellor and counsellee values and challenges associated with traditional and e-counselling modes in Ghanaian tertiary institutions.* (2016 – 2019)
- **Andoh Robertson, Theophilus** – *Influence of psychological distress on productivity and psychological wellbeing of mining sector workers in Ghana.* (2020 – 2023)

On-going Theses

- **Laryea, Prince** - *Lived experiences of males in non-traditional female occupations in the Central Region of Ghana.* (2018 -2021).
- **Dogbe, Emmanuelle Alice** - *Psychosocial experiences of unemployed youth in the Volta Region of Ghana.* (2019 - 2022)
Annang, Louisa - *Teachers’ perspective on positive behavioural interventions in Ghanaian senior high schools – implementation and effect on students’ disciplinary problems.* (2019 -

2022)

- **Awuku-Larbi, Mary Magdalene** – *Influence of work-related stress on the psychological well-being of Heads of Departments of Colleges of Education in Ghana.* (2022 -2024)
- **Danyoh, James Divine** – *Stress and psychological well-being of informal caregivers caring for elderly persons in Greater Accra Region.* (2022 -2024)

Internal Examination of M Phil. Theses

1. Godfred Agbakplor – *Factors influencing senior high school students' career choice in the Winneba, Municipality of Central Region,* 2016.
 2. Yahaya Jamal-Deen – *Investigating the causes of divorce among Muslim youth in the Wa Municipality (Upper West),* 2016.
 3. Gideon Mensah Ankamah – *Relationship between students' perceptions of parenting styles and sex role ideologies: The case of Pru West Senior High Schools.* 2016
 4. Mary Braimah – *Stress and coping strategies among student mothers in Ghana: A Case of University of Education, Winneba.* 2016.
 5. Leticia Korkor Apertey - *Lived experiences of teacher retirees in Awutu Senya West District; Implications for counselling ,* 2021
 6. Daniel Appiah – *Lived experiences of returned irregular migrants in Nkoranza South Municipality,* 2021.
 7. Williams Kyere – *Exploring factors that affect career choice of SHS students in Techiman North District, Ghana.*
- Have assessed more than 75 Master of Education (Departments of Psychology and Education and Counselling Psychology from 2015 to date and 50 Post Graduate Diploma Dissertations.

Master of Philosophy (M.Phil) Theses successfully supervised

1. Adorsu, Richard, M.K. - *Religion and spirituality in group counseling: Professional practitioners' perceptions and practices in Awutu Senya District in the Central Region of Ghana.* 2020.
2. Addy, Dyllis - *Combining education and marriage (family life): The case of M.Phil students in the University of Education Winneba.* 2020
3. Amakye, Nana - *Challenges of teenage motherhood and schooling in Agona East District: The role of counselling.* 2019.
4. Ashmond, Charles - *Youth related violence in the Agona West Municipality of the Central Region of*

Ghana, 2018.

5. Diana Hopeson, *Exploring the Counselling Needs of Performing Artists in Accra, Ghana*. 2018.
6. Tetteh, Christina - *Marital conflicts and resolution strategies among Christian couples in Agona Swedru in the Central Region*. 2018.
7. Amoako, Mensah Bernard – *Factors influencing career decision-making among Senior High School Students in Winneba Township*, 2017.
8. Adusu, Prince Justice – *Students' perception and attitude toward counselling services in the Akwapim South District*, 2017.
9. Asare, Michael – *Influence of premarital counselling on spouses' marital satisfaction. A case study of Christ Apostolic Church International, Bantama, Kumasi*, 2016.
10. Amartey, Amarth Daniel – *Indiscipline and students' academic performance at Holy Child Senior High School, Cape Coast: Implications for counselling*, 2016
11. Mordo, Samuel – *Influence of social media on students' learning outcome of Public Senior High School in the Kadjebi District of the Volta Region*, 2016.
12. Amoah, Linda - *Experiences of Single Mothers in the Senya Township of the Central Region of Ghana*, 2015.
13. Gilbert Dadzie - *Head teachers' supervisory styles and teachers' job satisfaction among public basic schools teachers in the Agona West Municipality: Implications for Counselling*, 2015.
14. Eleanor Bosompemaa Takyi – *The psychological well-being of the elderly and gerontology counselling for caregivers in the Birim Central Municipality*, 2014.
15. Ama Pomaa Yinkah – *Pupil's perception on violent-related punishments: The case of Wesley College Demonstration JHS, Kumasi*, 2014.
16. Andoh Robertson, Theophilus – *Influence of peer counselling on social adjustment and academic achievement of senior high school students: The case of Asikuma-Odoben-Brakwa district in the Central Region of Ghana*, 2013.
17. Selestine Dechontee Dossen – *Vicarious and traumatized road traffic accident survivors at the Winneba Municipal Hospital: The relevance of counselling*, 2013.
18. John Richmond Sekyi – *Awareness on the effectiveness of career and vocational counselling programmes in Senior High/ and Technical Schools in the East Akim Municipality*, 2012.

Master of Philosophy (M.Phil) Theses on-going

1. Gbey, Gifty Ama - *Exploring work-life balance among female teachers in the Ho Municipality of the Volta Region of Ghana*

2. Ofei, Joyce - *Influence of emotional intelligence and work- life balance on job performance among JHS headteachers in the Greater Accra Region of Ghana*
3. Ntiakoh-Ayipah Daniel Amanfi - *Predictors of academic stress and coping strategies among students of three Colleges of Education in Ghana.*
4. Okine, Desmond - *Causes of occupational stress and coping strategies among nurses in Nana Hema Dekyi Hospital*
5. Ayebofo, Boadi Emmanuel – *Through the lens of women: The role of the church in resolving marital conflicts*
6. Anane, Patricia – *Mental illness in family dynamics: The caregiver experience*
7. Dzeble, Stanilas, Keli – *Mental health in Ghana: The determinants and role of stigmatization*
8. Arhinful, Eric Kweku – *Effectiveness of motivational interviewing as a treatment module for Ghanaian drug addicts*
9. Anim, Agnes – *Influence of workplace counselling on employee wellbeing and organizational performance in some public universities in Ashanti Region*
10. Jennephar Essel – *Investigating the relationship between occupational stress and employee performance: the case of Ewutu Senya East Educational Directorate.*
11. Martin Ofosuhene Yiadom – *Exploring the psychosocial wellbeing of homosexuals living in Ghanaian familismo cultural settings.*
12. Emmanuel Ayew Sampson – *Shift work, occupational stress and job satisfaction among police officers in Abura Asebu Kwamankese District, Ghana.*
13. Ofori Bediako – *Exploring the psychological and emotional challenges of single parents in supporting their SHS wards in the Abuakwa Municipality*

Professional Development

Training Sessions

Doctor of Philosophy (Ph.D.) Institute of Work, Health and Organizations. University of Nottingham, UK
2006 - 2010(Applied Psychology).

- M.Phil. (Guidance and Counselling) Department of Educational Foundations, University of Cape Coast. 1996 – 1998

- B.Ed. (Hons); Diploma in Religions Department of Educational Foundations, University of Cape Coast 1985 – 1989, Second Class (Upper Division)

Seminars, Workshops, Symposia and Public Lectures Attended

- **Lead Facilitator:** 2-day Seminar for Student Counsellors Association of Ghana, UEW. North Assembly Hall. Paper Presented: *Enhancing the mental health of Ghanaian Youth: A counselling psychology perspective*. 18th -19th July, 2023
- **Lead Facilitator:** 1-day workshop/seminar for Minex 360 Service Limited; Blue Diamond Beach Resort, Apam. Paper presented: *Improving productivity through teambuilding and group dynamics*. 17th June, 2021.
- **Participant:** Departmental Workshop for lecturers teaching General Education Courses. School of Creative Arts Conference Room. University of Education, Winneba. 19th May, 2021
- **Participant:** Virtual International Conference on Effective Online Tertiary Education Delivery. 18th -19th May, 2021
- **Participant:** Faculty of Education Workshop on Online teaching and learning using Moodle. 4th – 5th January, 2021
- **Participant:** Departmental Retreat on Finalizing Courses for Accreditation. Royal Lee’s Hotel. Tutu near Aburi. 19th – 22nd September, 2019
- **Participant:** Departmental Retreat on Splitting the Department of Psychology and Education into Two Departments. Royal Lee’s Hotel. Tutu near Aburi, 24th – 27th October, 2019
- **Participant:** Public Lecture on “Sustaining Quality Education: The role of UEW by Prof. Emmanuel James Flolu, Jophus Anamuah-Mensah Conference Centre, University of Education, Winneba, 16th October, 2023.
- **Co-Presenter:** Seminar for Counsellors: Ghana Federation for the Disabled. Paloma Hotel Accra. 25th June, 2019: “*Incorporating the disabled into counselling delivery at the tertiary level: The UEW experience*”
- **Participant:** Workshop for Deans, Directors and Heads of Departments, UEW. Manna Heights, October, 2018.
- **Participant:** Workshop on the Internationalization of the University of Education, Winneba, Jophus Anamuah-Mensah Conference Centre, University of Education, Winneba. 18th February, 2018

- **Main Presenter:** Seminar for Fulbright Scholars in UEW, Winneba Campus. Resource Person: Paper Presented: *Dealing with distressed students*. May, 18, 2018
- **Co-Presenter:** Seminar for Counsellors: Ghana Federation for the Disabled. Sunrise Hotel Accra. 21st November, 2018. “*Counselling Delivery in UEW*”
- **Participant:** Seminar for Counsellors: Ghana Federation for the Disabled. Paloma Hotel Accra. 21st November, 2017.
- **Participant:** Enhancing quality of teaching, learning and service delivery: The role of Faculty of Educational Studies, Pempasie Hotel, Cape Coast. 1st -7th June, 2017
- **Main Facilitator:** In-service Training Workshop for Academic Counsellors for the Faculty of Social Science Education (20th Sept, 2016); Faculty of Science Education (27th Sept, 2016); Faculty of Education Studies (4th October, 2016) UEW.

Programme Development for Accreditation

- Was part of the Team that Drafted the M. Phil. (Guidance and Counselling) Top Up Programme for the Department of Psychology and Education for accreditation with GTEC (2017).
- Was Part of the team that revised the Ph.D. Guidance and Counselling Programme to Ph.D Counselling Programme Psychology in the Department of Counselling Psychology (2021) for accreditation by GTEC
- In my tenure as Head of Department of the Department of Counselling Psychology, I have led my staff to finalise and defend the Bachelor of Education in Counselling Psychology with [Teaching Subject] and Bachelor of Education in Psychology with [Teaching Subject]. Based on the recommendations GTEC. The programmes have been revised and final documents submitted for approval.

Conferences

1. **Presenter:** *To be violent or not to be violent: Can counselling be a panacea?* Paper Presented at the Virtual World Education Research Association Focal Meeting, Santiago De Compostela, Galicia – Spain, 7th – 9th July, 2021.
2. **Participant:** MasterCard Foundation Scholars Program Annual Learning Summit. Conference Hall, Institute of Statistical, Social and Economic Research (ISSER), University of Ghana, Legon, June 5, 2019.
3. **Presenter:** *Ghanaian women’s experience of work-family interference: What have men in dual earner relationships got to do with it?* Paper Presented at the Ghana Psychological Association: The 4th Scientific Conference, 16th-17th August, 2018.
4. **Presenter:** *Marital satisfaction among couples: What has pre-marital counselling got to do with it?* Paper presented: Paper Presented at the Ghana Psychological Association: The 4th Scientific Conference, 16th-17th August, 2018.
5. **Presenter:** *Impact of work related stress (WRS) and work family interference (WFI) on well-being*

outcomes of professional Ghanaian women. Paper Presented at the World Education Research Association World Congress, Cape Town, 3rd – 5th August, 2018.

6. **Panellist Presenter:** *Implementing the new Guidance and Counselling Strategic Plan: Perspectives of an academic/researcher*". Paper Presented at the MasterCard Foundation Scholars Program Annual Learning Summit at Centre for African Wetlands, University of Ghana on 6th June, 2018.
7. **Co-Presenter:** *The experience of online counselling in University of Education, Winneba.* Paper presented at the MasterCard Foundation Scholars Program Annual Learning Summit at Centre for African Wetlands, University of Ghana on 5th June, 2018.

Membership of Professional Association(s):

1.	World Educational Research Association (WERA)	2018 to date
2.	Ghana Psychological Council	2018 to date
3.	Ghana Psychological Association	2018 to date
4.	Counsellors Association of Ghana (CAGh)	2015 to date
5.	Mid-Western Educational Research Association (MWERA, Ohio)	2015 to date
6.	University Teachers' Association of Ghana UTAG	1998 to date

Institutional Service

1.	Academic Board of Department of Counselling Psychology	2019 to date
2.	Academic Board, University of Education, Winneba	2016 – 2018
3.	Vice Chancellor's Scholarship Board	2016 – 2017
4.	Counselling Centre, UEW Ag. Director (HOD Level)	2016 – 2018
5.	Counselling Centre Originator: Nuggets for Life (Radio Windy Bay)	2016 - 2018
6.	Counselling Centre Originator: First Aiders (Lay Counsellors)	2016 - 2018

Community Service

1.	Counselling Centre, UEW Ag. Director (HOD Level)	2016 – 2018
2.	Counselling Centre Originator: Nuggets for Life (Radio Windy Bay)	2016 - 2018
3.	Counselling Centre Originator: First Aiders (Lay Counsellors)	2016 - 2018
4.	National Accreditation Board Tertiary Programmes Assessor	2016 to date
5.	Department of Counselling Psychology Academic Counsellor	2018 to date
6.	Gold Avenue School, Accra PTA Chairman	2014 – 2017
7.	Gold Avenue School, Accra PTA Vice Chairman	2012 -2014

Professional Service or Consultancy outside the University:

- | | | |
|---------------------------------|--|-----------------------------|
| 1. Minex 360 Services | Consultancy in Group Dynamics/Team Bonding | 17 th June, 2021 |
| 2. National Accreditation Board | Tertiary Programmes Assessor | 2016 to date |
| 3. WERA | Reviewer | 2018 to date |
| 4. SAJHRM | Reader/Reviewer | 2013 to date |

External Examiner, University of Cape Coast

2018 to date

External Examiner of the Faculty of Education, University of Cape Coast

External Examiner, Regent University College, Accra

2018 to date

Master of Philosophy (M.Phil) Theses examined

19. Abban, Mercy – Negative life events and coping skills of SHS students in the Cape Coast Metropolis (2016)
20. Amoah-Saah, Isaac – Causes, effects and prevention of teenage pregnancy among students in Senior High Schools in the Agona West Municipality in the Central Region, Ghana. (2016)

Internal Assessor: Department of Childhood Education

1. Selina Nana Simpson – *Kindergarten teachers' self-efficacy and their developmentally appropriate practices in selected districts in the Central Region, Ghana*

Master of Education (M.E) Theses supervised

1. Mohammed Osman Khama - *The role of counselling centres in resolving conflicts among young adults in Bimbilla in the Nanumba North District of Ghana. 2021*
2. Hawa Seiba - *The counselling needs of female victims of early marriage in Kasoa in the Awutu Senya East Municipality of the Central Region. 2021*
3. Nyinaku, Susana Akua Obiribea - *Parental involvement in education and its influence on JHS 3 pupils academic performance in public basic schools in the Mallam Community of Ga South District. 2020*
4. Attopley, Stephen Gameli - *Factors influencing the rate of recidivism in Winneba Local Prison: Counselling implications. 2020*
5. Akomenyi, Priscilla - *Investigating factors influencing the behaviour and attitude of JHS students towards the learning of French: The role of counselling. 2020*
6. Agbemeyah, Dinah Anorkplim - *The effect of indiscipline on the academic performance of JHS students: The case of Umar Bun Hatab JHS in Madina, Accra. 2019*

7. Bonney, Lydia - Socioemotional effects of sexual abuse on JHS students in Kasoa in the Central Region. 2019
8. Kankam, Juliana Addai - *The need for guidance and counselling in SHS : The case of Boa Amponsem Senior High School in Upper Denkyira East Municipality of the Central Region.* 2019
9. Kanatey Ebenezer Asibu - *Implementation of Guidance Services in Senior High Schools in the Awutu Senya District: Issues and challenges.* 2019
10. Sadaya, Rita- *Guidance and counselling needs of adolescents from broken homes: The case of Sokoban Junior High School in the Kumasi Metropolis,* 2016.
11. Nkefriko, Samuel – *Influence of Information Service on the “school life” of first year students of Krachi Senior High Technical School in Krachi West District,* 2016.
12. Coffie, Thomas Kwesi – *The influence of Guidance Services on the academic and social lives of form two students of Nsabaa Senior High School,* 2016.
13. Agyedu Acheampong, Linda - *Causes and effects of truancy among students in Darkuman 1 Junior High School,* 2016.
14. Akoto Anita – *The effect of Guidance and Counselling on students’ life (Academic and Social) in Doryumu Methodist and Danyumu D/A Basic Schools in Shai Osu-Doku District,* 2015.
15. Daniel Kwadwo Quansah – *The effect of child labour on the junior high pupils and their academic performance in Ashaiman Township,* 2015

Undergraduate Project work supervised in the Department of Counselling Psychology: 40

Courses taught in the Department of Counselling Psychology

Undergraduate courses

EGCR 413: Uses of Tests in Counselling

Postgraduate courses

MGC 713: Guidance and Counselling in Education

MGC 714: Research Methods in Counselling Psychology

MGC 722: Uses of Tests in Counselling

MGC 711: Curriculum and Assessment in

CPSY 813: Introduction to Counselling Psychology

CPSY 814: Research Methods in Counselling Psychology

CPSY 825: Multicultural Counselling- Gender, Spirituality & Culture

CPSY 824: Tests and Assessment in Counselling Psychology

CPSY 824 TU: Tests and Assessment in Counselling Psychology

CPSY 912: Studies in Quantitative Methodologies and Ethics in
Research

CPSY 914: Advanced Career and Workplace Counselling

CPSY 915: Digital and Contemporary Instruction in Counselling Psychology

CPSY 921: Studies in Qualitative Research
CPSY 931: Studies in Mixed Methods Research
CPSY 932: Contemporary and Digital Instruction in Counselling
CPSY 923: Multicultural Issues in Counselling Psychology

Courses taught other departments at the University: Department of Educational Foundations

Undergraduate courses EDCR 232: Principles and Practice of Teaching Education
 EDCR 242: Psychology of Human Learning and Development
 EDCR 351: Introduction to Guidance and Counselling in Education

Post graduate courses EDP 642: Principles and Practice of Teaching

Referees:

1. Professor Tom Cox, Former Director, Institute of Work, Health and Organizations, Nottingham University , UK.
2. Professor. Nigel Hunt, Institute of Work, Health and Organizations, Nottingham University, UK.
3. Professor Franklin Manu, Former Rector – Ghana Institute of Management and Public Administration
4. Professor Mawutor Avoke, Former Vice Chancellor, University of Education, Winneba.
5. Professor Kwasi Asabere Ameyaw, Former Vice Chancellor, University of Education, Winneba.
6. Professor Jophus Anamuah-Mensah, Former Vice Chancellor, University of Education, Winneba.
7. Professor N.K. Pecku, Former Principal, Methodist University, Accra.
8. Professor Agyepong, Former Principal, Methodist University, Accra.
9. Professor J.K. Essuman, Former Director Counselling Centre, University of Cape Coast
10. Professor J.A. Opare, Former Dean, Faculty of Education, University of Cape Coast.
11. Professor Samuel M. Quartey, Former HOD, Dept. of Social Studies University of Education.
12. Professor. S. Etse, Faculty of Education, University of Cape Coast.