



# CURRICULUM VITAE

## LINDA COBBAH

Department of Integrated Home Economics Education,  
Faculty of Home Economics Education,  
University of Education, Winneba,  
P. O. Box 25,  
Winneba, Central Region, Ghana.

## PERSONAL DETAILS

Date of Birth: 23<sup>rd</sup> December, 1978  
Telephone: +233209989243 / +233547902941  
Email: [lcobbah@uew.edu.gh](mailto:lcobbah@uew.edu.gh) / [amaboa.cobbah@gmail.com](mailto:amaboa.cobbah@gmail.com)  
Nationality: Ghanaian

## OBJECTIVES

A vibrant, energetic, innovative and self-motivated Post-graduate Professional Home Economics Lecturer with a high sense of commitment, responsibility and the passion for excellence, consistent personal and professional development while contributing the very best towards the achievement of organizational goals.

## QUALIFICATION SUMMARY

Twenty-four years of varied experiences in the instructional process (teaching), supervision mentoring, and research in Home Economics. Strong desire and passion to facilitate the conduct of research in the area of Food and Nutrition and other related areas such as diets, nutrition, income, entrepreneurship etc. very skilled in planning and implementing research findings, preparation and publishing of research papers in international journals. Eager to participate in data collection, cooperate with partners, and presents research results at conferences and workshops while contributing to activities of interdisciplinary projects. Has excellent communicative and interpersonal skills and a team playing spirit. Result oriented and able to work under pressure with little or no supervision, have good sense of judgment and discretion and the capability to translate concepts into operational plans. Very skilled in networking, negotiation, and innovative problem solving.

**Areas of Expertise or Professional Skills:** Food and Nutrition, Recipe Development, Exhibition Organisation, Home Economics Education, Entrepreneurship Education, Public speaking, Supervision, Research, Mentoring, Test item writing and moderation, academic counselling and career guidance, event planning.

**Professional Qualification(s):**

	<i>Awarding Institution</i>	<i>Qualification</i>	<i>Period</i>
1	University of Education, Winneba	M.Phil H. Econs. (Food and Nutrition)	2012 - 2017
2	O.L.A. College of Education Cape Coast	Teacher's Certificate 'A'	1997 - 2000

**Professional Responsibilities:**

	<i>Position</i>	<i>Office/Location</i>	<i>Period</i>
1	Assist Lecturer	University of Education, Winneba	02/2020 to date
2	Examinations officer	(Integrated Home Economics Edu. and Fam. Life Mgt. Edu. Departments)	08/2020 to 06/2022
3	Academic counsellor	(Integrated Home Economics Edu.)	09/2020 to date

**Education:**

	<i>Qualification/Certificate obtained</i>	<i>Name of Institution Attended</i>	<i>Date</i>
1.	University of Education, Winneba	M.Phil H. Econs (Food and Nutrition)	2012 – 2017
2.	University of Education, Winneba	B. Ed. Home Economics (Food and Nutrition)	2005=2009
3.	O.L.A. College of education Cape Coast	Teacher's Certificate 'A'	1997 - 2000
4.	Apam Secondary School, Apam	SSCE	1993 – 1996

**Career History:**

<i>Position/Title</i>	<i>Name of Institution</i>	<i>Date</i>
<b>Assist. Lecturer</b>	University of Education, Winneba	02/2020- to present

*Responsibilities:*

1. Lecturing undergraduate courses in Home Economics Education
2. Supervising students research works at the Undergraduate level
3. Providing academic counseling for students (Level 300)
4. Examinations officer

<b>Tutor</b>	<b>Holy Child College of Education, Takoradi</b>	09/2018 - 01/2020
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*Responsibilities:*

1. Course Tutor
2. Link Tutor
3. Supervisor of students' project work.
4. Member of Teaching Practice, examinations and Refreshment Committees.

**Part-time Course lecturer UEW, Dept. of Home Economics Education 02/2019 to 05/2019**

*Responsibilities:*

Lecturing undergraduate courses in Home Economics Education

**Part- time Course Tutor UEW IDeL 2018 – 2020**

*Responsibilities:*

Lecturing undergraduate courses in Home Economics

**Tutor UCC, College of Education Studies' Post-Dip. Sandwich Prog. 2018 – 2020**

*Responsibilities:*

Teaching undergraduate courses in Home Economics education

**Teacher Winneba Secondary School 2011- 2018**

*Responsibilities:*

1. Teaching Home Economics subjects
2. Head of Home Economics Department,
3. Member of Academic Board, Culture and Exhibition, Counseling and Refreshment Committees

**Part time teacher S.H. Amissah Memorial Vocational Institute 2011- 2018**

*Responsibilities:*

1. Teaching catering and entrepreneurship
2. Member of counselling team

**Examiner, Moderator and Item Writer West African Examination Council 2013 to date**

*Responsibilities:*

1. Moderation of BDT Home Economics test items for BECE.
2. Item writing for of BDT Home Economics BECE.
3. Team leader: vetting of assistant examiners' scripts for both WASSCE and BECE (Theory).
4. Marking of live WASSCE Food and Nutrition and BECE BDT Home Econs. scripts (Theory).
5. Marking of WASSCE Food and Nutrition and Clothing and Textiles (Practical).

**Teacher Owerriman Senior High Technical School 2010 – 2011**

*Responsibilities:*

1. Teaching Home Economics subjects
2. Form Mistress

**Teacher**                      **A.M.E. Zion ‘D’ J.H.S**    **2009 - 2010**

*Responsibilities:*

1. Teaching BDT (Home Economics),
2. First Aid Mistress

**Teacher**                      **A.M.E. Zion ‘A, B & C’ J.H.S.**    **2002 - 2005**

*Responsibilities:*

1. Teaching Catering, Fante and Religious and Moral Education
2. First Aid Mistress

**Teacher**                      **Pomadze D/A J.H.S.**    **2001- 2002**

*Responsibilities:*

1. Teaching Catering, Mathematics
2. S.H.E.P. Coordinator and First Aid Mistress

**Teacher**                      **Gomoa Assin Brofoyedur D/A Primary School**    **2000 – 2001**

*Responsibilities:*

1. Class Teacher
2. Staff Treasurer,
3. S.H.E.P. Coordinator

**Publications, Research/Projects Conducted or Undertaken, Creative Works/Productions Produced:**

Cobbah, L., Edumadzie, M. E. & Ogoe, J. (2023). Endangered Indigenous Ghanaian Dishes: Home Economics Students of University of Education, Winneba, Ghana’s Perspective, *Kwame Nkrumah University Multi-Disciplinary Journal, Vol.1, 2023*

Amfo-Antiri, A.<sup>1</sup> Agyapong, N. A. F. <sup>2</sup> & Cobbah<sup>1</sup> L. (2023) Dietary Habits and Nutritional Challenges of the Elderly in Ghana. *Journal of Nutrition and Metabolism 3011067*

Cobbah, L.; Ashun, E. K. & Akunor-Sackey, R. J. (2022). Comparative Analysis of Efficiency of Balloon Whisk and Wooden Spoon in Preparing Cakes in Schools and Colleges in Ghana; *JHER Vol. 29 (2), December 2022, pp. 22 -34*

Cobbah, L. (2021). The influence of dietary practices on class participation and learning outcomes of boarding students: the case of Winneba Senior High school. *Journal of Home Economics Research (JHER) -Vol.2 - No.-Sept.1, 2021.*

Cobbah, L. and Bonney, E, A. (2021). Dietary practices and influencing factors of Winneba SHS students *JINAV: Journal of Information and Visualization; Vol.2 No. 1 (2021)*

**Conference(s), Seminars and Workshops:**

<b>NAME OF CONFERENCE / SEMINAR / WORKSHOP</b>	<b>ORGANISED BY</b>	<b>TITLE OF PAPER PRESENTED</b>	<b>VENUE</b>	<b>START DATE</b>	<b>END DATE</b>
Bridging the Gap: Real-world Impact and the Potential of Public Scholarship in STEM with The Conversation Africa	Taylor & Francis group	Participant	Virtual	20/03/2024	20/03/2024
Faculty Research Seminar	Faculty of Health, Allied Sciences and Home Economics Education.	Participant	Demonstration Theatre, UEW, Winneba	20/03/2024	20/03/2024
International Women's Day Seminar	Gender Mainstream Directorate, UEW	Participant	North Assembly Hall, UEW, Winneba	07/03/2024	09/03/2024
Inaugural Research Seminar	Faculty of Health, Allied Sciences and Home Economics Education	Participant	North Assembly Hall, UEW, Winneba	21/02/2024	21/02/2024
Entrepreneurship and skill training Workshop	National Service Personnel Association (NASPA), Effutu Municipal	Facilitator: Becoming an entrepreneur: risk, challenges and solutions	North Assembly Hall, UEW, Winneba	03/08/2023	04/08/2023
Maiden E-Learning Ghana Conference 2023	Kwame Nkrumah University of Science and Technology E-Learning Centre	Participant	KNUST, Kumasi (Virtual)	06/07/2023	06/07/2023
Leadership and Entrepreneurship Workshop 2023	Home Economics Students Association in collaboration with, Entrepreneurs	Facilitator (Idea development for a sustainable economic development and self-reliance.)	Kojo Baah Wiredu Lecture Theatre, North Campus, UEW, Winneba	24/06/2023	24/06/2023

	hip Club, Home Economics, BBA and Osei Tutu Old students Asso. UEW, Winneba Chapter.				
Ethical Review in Responsible Research to Accelerate Sustainable Development	Faculty of Home Economics Education	Participant	Student Centre Seminar Room 3 Winneba	24/05/2023	24/05/2023
New GTEC Standards and Norms on Quality Assurance Issues	Division of Quality Assurance-UEW	Participant	Jophus Anamuah-Mensah Conference Centre Winneba	09/05/2023	09/05/2023
6 <sup>th</sup> International Multi-disciplinary Conference for Postgraduate Students	School of Graduate Studies- UEW	Participant	Jophus Anamuah-Mensah Conference Centre Winneba	07/09/2022	09/09/2022
Annual Ghana Geographers Association Conference	Ghana Geographers Association	The gradual extinction of indigenous Ghanaian dishes. Is migration to be blamed?	University of Cape Coast (UCC) Cape Coast	16/11/2022	19/11/2022
11th Annual Conference of Family and Consumer Sciences Society of Nigeria (FACSSON)	Family and Consumer Sciences Society of Nigeria (FACSSON)	Participant	Nigeria (Virtual)	07/11/2022	11/11/2022
Faculty of Home Economics Seminar Series	Faculty of Home Economics Education	Participant	Dem. Theatre North Campus, Winneba	12/10/2022	12/10/2022
23rd Home Economics Research Association of Nigeria Conference	Home Economics Research Association of Nigeria (HERAN)	A survey on knowledge and use of quail eggs in the Effutu municipality, Central Region – Ghana.	Nigeria (Virtual)	21/09/2022	24/09/2022
1 <sup>st</sup> Decolonising Education Conference	Kwame Nkrumah University, Zambia	Endangered Indigenous Ghanaian Dishes: Home Economics Students of	Zambia (Virtual)	11/08/2022	12/08/2022

		University of Education, Winneba, Ghana's Perspective			
6 <sup>th</sup> Biennial Social Science Conference	Faculty of Social Science Education	Participant	Jophus Anamuah Mensah Auditorium-UEW Winneba	20/07/2022	21/07/2022
Curriculum Development Workshop	Department of Integrated Home Economics Education	Participant	Royal Lee's Hotel – Tutu Akuapim	14/07/2022	16/07/2022
Examination invigilation workshop	Faculty of Home Economics Education	Participant	Clothing Lab 2-UEW, Winneba	26/05/2022	26/05/2022
Leadership seminar	Gender Mainstreaming Directorate UEW	Participant	North Assembly Hall- UEW Winneba	19/05/2022	19/05/2022
Entrepreneurship Summit	Home Economics Students Asso. (HESA) - UEW	Participant	Joseph Bannerman LT1- UEW Winneba	30/04/2022	30/04/2022
WoHEN International Women's Day Forum	Women in Higher Education Network and Association of African University	Participant	Virtual	08/03/2022	08/03/2022
Academic Retreat	Faculty of Home Economics Education	Participant	Windy Lodge Hotel, Winneba	11/11/2020	12/11/2020
Quality Assurance in Records, Library and Examinations	Association of African Universities	Participant	Virtual	24/09/2020	24/09/2020
21 <sup>st</sup> Home Economics Research Association of Nigeria Conference	Home Economics Research Association of Nigeria (HERAN)	1. Influence of Dietary Practices on Class Participation and Learning Outcomes of Boarding Students: A Case of Winneba	Virtual	16/09/2020	18/09/2020

		Senior High School. 2. Food Vendors and Hygiene practices in Effutu Municipality.			
Quality Assurance Workshop in the Higher Education Learner-Centred Teaching Skills: The Foundations of Education	Association of African Universities	Participant	Virtual	15/09/2020	15/09/2020
Quality Assurance Workshop in Research and Project Grants Proposal Writing	Association of African Universities	Participant	Virtual	10/09/2020	10/09/2020
UEW COVID -19 Webinar 4: Covid-19: Implications on Distance Education and affiliated Colleges of Education Students at UEW.	University of Education, Winneba.	Participant	Virtual	15/05/2020	15/05/2020

### Curriculum Development:

#### Courses taught at the undergraduate level

- Introduction to Home Economics
- Family meal management
- Confectionary Science
- Pedagogical methods of teaching Home Economics
- Recipe development and food preservation
- Entrepreneurship education and costing

#### Course or instructional material

#### Period

Food and Nutrition Practical Manual

Jan. 2021

Fundamentals of Entrepreneurial Skills for Schools and Colleges

Jan. 2023

### Student Development:

Academic counsellor (Integrated Home Economics Dept. UEW)

Patron (Ghana National Association of Teachers on Campus (GNATOC))

Pratron (Entrepreneurship Club, UEW)



**Membership of Professional Association(s):**

<i>Name of Association</i>	<i>Position held (if applicable)</i>	<i>Period</i>
Ghana Home Economics Association (GHEA)	Member	2009 - Date
University Teachers Association of Ghana (UTAG)	Member	02/2020 - Date
Home Economics Researchers' Association of Nigeria (HERAN)	Member	09/2020

**Institutional Service:**

<i>Name of Committee(s) and/or Board(s)</i>	<i>Position or role</i>	<i>Period</i>
Curriculum Review Committee	Secretary	05/2023 to date
Faculty Board	Member	08/2022 – 03/2022
Timetable Committee, UEW	Member	05/2021 – 03/2022
Faculty retreat planning committee	Chair	11/09/2021 to date
Enrollment drive team	Leader	2021 to date

**Community Service:**

<i>Name of Institution/Organisation</i>	<i>Position(s) held (if applicable)</i>	<i>Period</i>
Radio Windybay (UEW, Winneba)	Regular guest on Diet Diary	01/2023
Community Education on healthy eating habits (Winneba)	Facilitator	2020 – date
Community based skill training workshops (Winneba)	Facilitator	2020 – date

**Other Accomplishments:***Exhibitions organised*

1. Exhibition of snacks from indigenous food commodities for diabetics and hypertensive patients (2023)
2. Exhibition of preserved indigenous Ghanaian food commodities (2022)
3. Exhibition of improved indigenous Ghanaian dishes for vegetarians and toddlers (2021)
4. Exhibition of improved indigenous Ghanaian festive and festival dishes (2020)

**Referees:**

1. Dr. Rosemary Quarcoo HoD Int. Home Econs.Edu. Faculty of Home Econs.Edu. University of Edu., Winneba. Faculty of Home Econs Edu. Tel: +233 244974516 Email: <a href="mailto:rquarcoo@uew.edu.gh">rquarcoo@uew.edu.gh</a>	2. Dr. Theresa A. Amu Dean, Faculty of Home Econs. Edu. University of Edu., Winneba. Tel: +233 244749313 Email: <a href="mailto:taamu@uew.edu.gh">taamu@uew.edu.gh</a>	3. Prof. Phyllis Forster Faculty of Home Econs Edu. University of Educ., Winneba. Tel: +233 245 763 443 Email: <a href="mailto:phyllis_forster@yahoo.com">phyllis_forster@yahoo.com</a>
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