

Dr. Medina Srem-Sai



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Sex Female | Date of birth 08/08/1981 | Nationality Ghanaian

PERSONAL INFORMATION

WORK EXPERIENCE

MAY, 2023 – Date **National Director**, World Sports Alliance-Intergovernmental Organization (WSA-IGO). Ghana Center of Excellence Sports. May, 2023.

January, 2023 - Date **International Mentor**. Commonwealth Women's Leadership Programme, 2023 - Mentoring Women in Sports within the Commonwealth Regions.

June, 2022 - Date **Coordinator for Women Empowerment**. Dominion Leaders Foundation. Ghana.

2022 – Date **Lecturer**, Department of Health, Physical Education, Recreation and Sports (HPERS), University of Education, Winneba, Winneba, Ghana.
P. O. Box 25, www.uew.edu.gh, teaching courses in Physical Education and sport psychology, supervising students' project works, preparing student teachers and coaches for internship programmes, conducting research and involving in community services to help society.

- 2020 - 2022 **Assistant Lecturer**, Department of Health, Physical Education, Recreation and Sports (HPERS), University of Education, Winneba, Winneba, Ghana.
P. O. Box 25, www.uew.edu.gh, teaching courses in Physical Education and sport psychology, supervising students' project works, preparing student teachers and coaches for internship programmes, conducting research and involving in community services to help society.
- 2018 – 2020 **Tutor**, Agogo Presbyterian Women's College of Education (APCE) Agogo, Ghana. Teaching courses in Physical Education including health and physical fitness, health, safety, social issues in schools, first aid and sports injuries, supervised students' projects, supervised students' teaching (both on-campus and off-campus) and teaching/coaching track events.
- 2018 – 2020 **Head**, Department of Physical Education and Sports, Agogo Presbyterian Women's college of Education, Agogo, Ghana. Organizing, managing, coordinating and promoting sporting events and other recreational activities for both staff and students of the College, supervise staff of the Physical Education Department and a liaison between colleague staff members and Management Staff of the College.
- 2012 – 2018 **Physical Education Teacher**, Presbyterian Boys' Senior High School, Legon, Accra. Taught Physical Education, trained and coached students during inter-collegiate schools sports and games.
- 2010 - 2011 **District Physical Education Coordinator**, Amansie West District Education Office, Manso Nkwanta, organized basic schools sports festivals and supervised the teaching and learning of Physical Education at the District level.
- 2009 - 2010 **Classroom Teacher**, Asokore R/C Basic School, taught KG 1 and KG 2 children. Organized Physical Education sessions for children to enjoy.

EDUCATION AND TRAINING

- 2018 – 2022 **Doctor of Philosophy in Physical Education (Sport Psychology)**, Department of Health, Physical Education and Recreation, University of Cape Coast, Cape Coast, Ghana. "Assessing stress appraisals and coping styles among Ghana premier league coaches and players".
- 2014 – 2015 **Master of Philosophy in Physical Education**, Department of Health, Physical Education, Recreation and Sports (HPERS), University of Education, Winneba, Ghana. "An assessment of random practice and blocked practice approaches in skill acquisition, retention and transfer in teaching basketball skills to beginners in Senior High Schools".

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PERSONAL SKILLS

A good teacher/lecturer, hardworking, very reliable, an effective supervisor and communicator, self-motivated, very responsible, team player, objective, honest, ability to work independently with minimal supervision, open-minded person, very focused, resilient, self-determined, ability to manage time effectively, confident, assertive, very creative and innovative.

Mother tongue(s) Akan, Ewe, Guan

English Language

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
C	C	C	C	C
Replace with name of language certificate. Enter level if known.				
Replace with name of language certificate. Enter level if known.				

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user
Common European Framework of Reference for Languages

Communication skills Good communication skills gained through my experience as a student leader in the University, as a teacher for almost 17 years and a University lecturer, academic counsellor and an international mentor.

Organisational / managerial skills A member of the organizing committee of the Physical Education and Sports Conference held in collaboration with the University of Education, Winneba, Ghana and the Grambling State University in the United States of America from the 29th of February to the 1st of March, 2023 in the University of Education, Winneba, Ghana.

General Departmental Counsellor for all students in my Department from 2021 to date.

An Advisory Board Member in charge of welfare, Holy Spirit Catholic Church, University of Education, Winneba campus, Winneba, Ghana.

Job-related skills Good command of quality control processes (Involved in keeping records of students attendance to lectures)

Computer skills	Good command of Microsoft Office™ tools (word, powerpoint, excel etc)
Other skills	Braiding of Hair
Driving licence	Licence 'B'

ADDITIONAL INFORMATION

Publications

- Srem-Sai, M.**, Agormedah, E. K., Hagan, J. E. Jr., Gbordzoe, Nl., Sarfo, J. O. (2024). Gender-based biopsychosocial correlates of truancy in physical education: A national survey among adolescents in Benin. *Social Sciences*. 13(5):257. <https://doi.org/10.3390/socsci13050257>.
- Amoadu, M., Agormedah, E. K., Obeng, P., **Srem-Sai, M.**, Hagan, J. E. Jr., Schack T. (2024). Gender differences in academic resilience and well-being among senior high school students in Ghana: A cross-sectional analysis. *Children*. 11(5):512. <https://doi.org/10.3390/children11050512>.
- Srem-Sai, M.** (2024). Cognitive appraisals of organizational stressors and coping styles of football coaches and players in Ghana. *Advances in Social Sciences Research Journal*, 11(3), 464–482. <https://doi.org/10.14738/assrj.113.16632>.
- Quansah, F., **Srem-Sai, M.**, Agormedah, E. K., Ankomah, F., Hagan, J. E., & Schack, T. (2024). Moderated moderation modelling of subjective social status, pocket money and depressive symptoms of university students in Ghana. *Frontiers in Public Health*, 12. <https://doi.org/10.3389/fpubh.2024.1325441>.
- Srem-Sai, M.**, Quansah, F., Agormedah, E. K., Hagan, J. E. Jr., Schack T. (2024). Evaluating teachers' workplace climate and anxiety response during the covid-19 pandemic: The role of information seeking platforms. *COVID*. 4(3):378-390. <https://doi.org/10.3390/covid4030025>
- Srem-Sai, M.**, Ankomah, F., Agormedah, E. K. et al. (2024). Investigating age-related COVID-19 digital health literacy and sense of coherence among adolescents and young adults in schools across Northern Ghana. *BMC Digit Health* 2, 7. <https://doi.org/10.1186/s44247-024-00063-2>.
- Agormedah, E. K., Ankomah, F., **Srem-Sai, M.**, Nugba, R. M., Quansah, F., Hagan, J. E. Jr., Okan, O., Dadaczynski, K., Schack, T. (2024). Effects of gender and age interaction on sense of coherence and subjective well-being of senior high school students in Northern Ghana. *Education Sciences*. 14(2):178. <https://doi.org/10.3390/educsci14020178>.
- Quansah, F., Agormedah, E. K., Ankomah, F., **Srem-Sai, M.**, Nugba, R. M., Hagan, J. E., & Schack, T. (2024). Revalidation of Teachers' Sense of Efficacy Scale using Ghanaian in-service teachers: Multidimensional item response theory with factor analyses. *Psychology in the Schools*, 61(5). 1789-1807. <https://doi.org/10.1002/pits.23137>.
- Azaiez, F., Tannoubi, A., Selmi, T., Quansah, F., **Srem-Sai, M.**, Hagan, J. E. Jr., Azaiez, C., Bougrine, H., Chalghaf, N., Boussayala, G, et al. (2023). Uncovering cognitive distortions in adolescents: Cultural adaptation and calibration of an Arabic version of the "How I Think Questionnaire". *Psych*. 5(4):1256-1269. <https://doi.org/10.3390/psych5040083>.
- Tannoubi, A., Quansah, F., Magouri, I., Chalghaf, N., Bonsaksen, T., **Srem-Sai, M.**, Hagan, J. E., Handrianto, C., Azaiez, F., & Bragazzi, N. L. (2023). Modelling the associations between academic engagement, study process and grit on academic achievement of physical education and sport university students. *BMC Psychol*. 11, 418. <https://doi.org/10.1186/s40359-023-01454-2>.
- Amoako, I., **Srem-Sai, M.**, Quansah, F., Anin, S., Agormedah, E. K., & Hagan Jnr, J. E. (2023). Moderation modelling of COVID-19 digital health literacy and sense of coherence across subjective social class and age among university students in Ghana. *BMC Psychology*, 11(1), 337. <https://doi.org/10.1186/s40359-023-01334-9>.
- Sambah, F., Quansah, F., **Srem-Sai, M.**, Frimpong, J. B., Agormedah, E. K., Ankomah, F., & Hagan, J. E., Jr. (2023). Assessing secondary school students' digital health literacy, information searching behaviours, and satisfaction with online COVID-19 information in Northern Ghana. *Heliyon*, 9(9), e17936. <https://doi.org/10.1016/j.heliyon.2023.e17936>.
- Obeng, P., Sambah, F., Sarfo, J. O., **Srem-Sai, M.**, Gbordzoe, N. I., Sorkpor, R. S., & Hagan, J. E. (2023). Prevalence and Predictors of Alcohol Use among School-Going Adolescents in Panama: A Population-Based Cross-Sectional Study. *Children (Basel, Switzerland)*, 10(5), 891. <https://doi.org/10.3390/children10050891>.

- Hagan Junior, J. E., Quansah, F., Frimpong, J. B., Agormedah, E. K., Nugba, R. M., **Srem-Sai, M.**, & Schack, T. (2023). Gender digital health literacy gap across age: A moderated moderation effect on depression among in-school adolescents in Ghana during COVID-19. *Psychology in the Schools*, 6(9), 1-17. <https://doi.org/10.1002/pits.22942>.
- Tannoubi, A., Quansah, F., Hagan, J. E. Jr., **Srem-Sai, M.**, Bonsaksen, T., Chalghaf, N., Boussayala, G., et al. (2023). Adaptation and validation of the Arabic version of the university student engagement inventory (A-USEI) among sport and physical education students. *Psych*, 5(2), 320-335. <https://doi.org/10.3390/psych5020022>.
- Quansah, F., Agormedah, E. K., Hagan, J. E. Jr., Frimpong, J. B., Ankomah, F., **Srem-Sai, M.**, Dadaczynski, K., Okan, O., & Schack, T. (2023). Subjective social status and well-being of adolescents and young adults in Ghanaian schools: Conditional process analysis. *BMC Psychology*, 11(1), 122. <https://doi.org/10.1186/s40359-023-01158-7>.
- Tannoubi, A., Ouergui, I., **Srem-Sai, M.**, Hagan, J. E., Quansah, F., Azaiez, F. (2023). Effectiveness of video modeling in improving technical skills in young novice basketball players: A quasi-experimental study. *Children*. 10(4):687. <https://doi.org/10.3390/children10040687>.
- Hagan Jr., J. E., Quansah, F., Ankomah, F., Agormedah, E. K., **Srem-Sai, M.**, & Schack, T. (2023). Evaluating the moderating role of information seeking platforms on university students' risk perception and anxiety during the COVID-19 pandemic in Ghana. *Frontiers in Communication*. 8, 1-11. <https://doi.org/10.3389/fcomm.2023.1035593>.
- Britwum, F., Anin, S. K., Agormedah, E. K., Quansah, F., **Srem-Sai, M.**, Hagan, J. E., Schack, T. (2023). Assessing internet surfing behaviours and digital health literacy among university students in Ghana during the COVID-19 pandemic. *COVID*. 3(3):405-417. <https://doi.org/10.3390/covid3030030>.
- Quansah, F., Ankomah, F., Agormedah, E. K., Ntumi, S., Hagan, J. E. Jr., **Srem-Sai, M.**, Dadaczynski, K., Okan, O., Shack, T. (2023). A cross-sectional study of University students' pocket money variance and its relationship with digital health literacy and subjective well-being in Ghana. *Health Sci. Rep.* 6:e1095. doi:10.1002/hsr2.1095.
- Agormedah, E. K., Quansah, F., **Srem-Sai, M.**, Ankomah, F., Hagan, J. E., Jr, & Schack, T. (2023). Reproducibility of the brief religious coping inventory with African athletes' sample using ordinal factor analytical approach. *Frontiers in Psychology*, 13, 1038202. <https://doi.org/10.3389/fpsyg.2022.1038202>.
- Kundu, S., Rahman, M. A., Kabir, H., Al Banna, M. H., Hagan, J. E., Jr, **Srem-Sai, M.**, & Wang, L. (2022). Diabetes, Hypertension, and Comorbidity among Bangladeshi Adults: Associated Factors and Socio-Economic Inequalities. *Journal of Cardiovascular Development and Disease*, 10(1), 7. <https://doi.org/10.3390/jcdd10010007>.
- Hagan, J. E. Jr., Quansah, F., Ankomah, F., Agormedah, E. K., **Srem-Sai, M.**, & Schack, T. (2022). Examining the underlying latent structure of the sports emotion questionnaire: Insights from the bifactor multidimensional item response theory. *Frontiers in Psychology*, 13, 1038217. <https://doi.org/10.3389/fpsyg.2022.1038217>.
- Quansah, F., Ankomah, F., Agormedah, E. K., Abieraba, R. S. K., **Srem-Sai, M.**, Hagan, J. E., Jr, Okan, O., Dadaczynski, K., & Schack, T. (2022). COVID-digital health literacy and subjective well-being of students in Ghana: Mediation-moderation analyses. *Health Science Reports*. 5(6), e916. <https://doi.org/10.1002/hsr2.916>.
- Agormedah, E. K., Ankomah, F., Frimpong, J. B., Quansah, F., **Srem-Sai, M.**, Hagan, J. E. Jr., & Schack, T. (2022). Investigating teachers' experience and self-efficacy beliefs across gender in implementing the new standards-based curriculum in Ghana. *Front. Educ.* 7:932447. doi: 10.3389/educ.2022.932447.
- Agormedah, E. K., Quansah, F., Ankomah, F., Hagan, J. E., Jr, **Srem-Sai, M.**, Abieraba, R. S. K., Frimpong, J. B., & Schack, T. (2022). Assessing the validity of digital health literacy instrument for secondary school students in Ghana: The polychoric factor analytic approach. *Frontiers in Digital Health*, 4, 968806. <https://doi.org/10.3389/fdgth.2022.968806>.
- Quansah, F., Hagan, J. E. Jr., Frimpong, J. B., **Srem-Sai, M.**, Agormedah, E. K., & Ankomah, F. (2022). Psychometric properties of the cultural mix coping inventory for stressful situations using physical education teachers: a multidimensional item response theory analysis. *BMC Psychology* 10(209):1-2. Doi: 10.1186/s40359-022-00916-3.
- Ankomah, F., Quansah, F., Agormedah, E. K., Hagan, J. E. Jr., **Srem-Sai, M.**, Sambah, F., Seidu, A. A., Ameyaw, E. K., Ahinkorah, B. O., & Darteh, E. K. M. (2022). Validity and reliability of cultural mix coping inventory for stressful situations among Healthcare professionals in Ghana amidst COVID-19 pandemic. *Int. J. Environ. Res. Public Health* 2022, 19, 10651. <https://doi.org/103390/ijerph191710651>.
- Hagan, J. E. Jr., Quansah, F., **Srem-Sai, M.**, & Schack, T. (2022). University students' risk perception and anxiety during COVID-19 using social media and professional platforms as information sources. Conference: 16th European Congress of Sport & Exercise Psychology (FEPSAC, 2022- Padova, Italy). (Conference proceedings).

- Quansah, F., Anin, S. K., Hagan, J. E. Jr., Agormedah, E. K., Oduro, P., **Srem-Sai, M.**, Frimpong, J. B., & Schack, T. (2022). Analysis of COVID-19 risk perception and its correlates among university students in Ghana. *COVID. 2*, 1125–1138. <https://doi.org/10.3390/covid2080083>.
- Srem-Sai, M.**, Hagan, J. E. Jr., Ogum, P. N., Quansah, F. (2022). Professional football players experiences of stressors and cognitive appraisals during a premier league season. Conference: 16th European Congress of Sport & Exercise Psychology (FEPSAC, 2022- Padova, Italy). (Conference proceedings).
- Quansah, F., Hagan, J.E., Jr., Ankomah, F., Agormedah, E. K., Nugba, R. M., **Srem-Sai, M.**, & Schack, T. (2022). Validation of the WHO-5 well-being scale among adolescents in Ghana: Evidence-based assessment of the internal and external structure of the measure. *Children. 9*(7), 991. <https://doi.org/10.3390/children9070991>.
- Srem-Sai, M.**, Hagan J. E. Jr., Ogum, P. N., & Schack, T. (2022). Assessing the prevalence, sources and selective antecedents of organizational stressors among elite football players and coaches in the Ghana premier league: Empirical evidence for applied practice. *Front. Sports Act. Living* 4:938619. doi: 10.3389/fspor.2022.938619.
- Frimpong, J. B., Agormedah, E. K., **Srem-Sai, M.**, Quansah, F., & Hagan, J. E. Jr. (2022). Examining risk perception and coping strategies of senior high school teachers in Ghana: Does COVID-19-related knowledge matter? *COVID. 2*(5), 660-673. <https://doi.org/10.3390/covid2050050>.
- Quansah, F., Frimpong, J. B., Sambah, F., Oduro, P., Anin, S. K., **Srem-Sai, M.**, Hagan, J. E. Jr., & Schack, T. (2022). COVID-19 pandemic and teachers classroom safety perception, anxiety and coping strategies during instructional delivery. *Healthcare. 10*, 920. <https://doi.org/10.3390/healthcare10050920>.
- Srem-Sai, M.**, Quansah F., Hagan, J. E. Jr., Ankomah, F., Frimpong, J. B., Ogum, P. N., & Schack, T. (2022). Re-assessing the psychometric properties of stress appraisal measure in Ghana using multidimensional graded response model. *Front. Psychol. 13*:856217. Doi: 10.3389/fpsyg.2022.856217.
- Hagan, J. E., Jr., Quansah, F., Frimpong, J. B., Ankomah, F., **Srem-Sai, M.**, & Schack, T. (2022). Gender risk perception and coping mechanisms among Ghanaian university students during the covid-19 pandemic. *Healthcare. 10* (4), 687. <https://doi.org/10.3390/healthcare10040687>.
- Quansah, F., Hagan, J. E. Jr., Ankomah, F., **Srem-Sai, M.**, Frimpong, J. B., Sambah, F., & Schack, T. (2022). Relationship between covid-19 related knowledge and anxiety among university students: Exploring the moderating roles of school climate and coping strategies. *Front. Psychol. 13*(820288). doi: 10.3389/fpsyg.2022.820288.
- Quansah, F., Ankomah, F., Hagan, J. E. Jr., **Srem-Sai, M.**, Frimpong, J. B., Sambah, F., & Schack, T. (2022). Development and validation of an inventory for stressful situations in university students involving coping mechanisms: An interesting cultural-mix in Ghana. *Psych. 4*, 173–186. <https://doi.org/10.3390/psych4020015>.
- Hagan, J. E. Jr., Quansah, F., Ankomah, F., Agormedah, E. K., **Srem-Sai, M.**, Boadu, B. F., & Schack, T. (2022). Linking covid-19- related awareness and anxiety as determinants of coping strategies' utilization among senior high school teachers in Cape Coast Metropolis, Ghana. *Social Sciences. 11*: 137. <https://doi.org/10.3390/socsci11030137>.
- Hagan, J. E., Jr., Quansah, F., Anin, S. K., Sorkpor, R. S., Abieraba, R. S. K., Frimpong, J. B., **Srem-Sai, M.**, & Schack, T. (2022). Covid-19-related knowledge and anxiety response among physical education teachers during practical in-person lessons: effects of potential moderators. *Behav. Sci. 12*, 83. <https://doi.org/10.3390/bs12030083>.
- Quansah, F., Hagan, J. E., Jr, Sambah, F., Frimpong, J. B., Ankomah, F., **Srem-Sai, M.**, Seibu, M., Abieraba, R. S. K., & Schack, T. (2022). Perceived Safety of Learning Environment and Associated Anxiety Factors during COVID-19 in Ghana: Evidence from Physical Education Practical-Oriented Program. *European Journal of Investigation in Health, Psychology and Education, 12*(1), 28–41. <https://doi.org/10.3390/ejihpe12010003>.
- Srem-Sai, M.**, Quansah, F., Frimpong, J. B., Hagan, J. E., Jr., & Schack, T. (2021). Cross-Cultural applicability of organizational stressor indicator for sport performers questionnaire in Ghana using structural equation modeling approach. *Front. Psychol. 12*:772184. doi: 10.3389/fpsyg.2021.772184.
- Frimpong, J. B., **Srem-Sai, M.**, Hagan, J. E., Abieraba, R. S. K., Sorkpor, R. S., & Schack, T. (2021). Interactions between gender, age and competitive level on elite student-athletes' religious coping experiences in the week leading up to competition. *International Journal of Sports Science and Physical Education. Vol. 6*(4), 61-68. Doi: 10.11648/j.ijsspe.20210604.11.

Srem-Sai, M., Frimpong, J. B., Abieraba, R. S. K., Sorkpor, R. S., Hagan, J. E., & Schack, T. (2021). Religion as a function of self-reported discrete emotions among elite student-athletes before competition. *International Journal of Psychological and Brain Sciences*. Vol. 6(4), pp. 58-65. doi: 10.11648/j.ijpbs.20210604.12.

Srem-Sai, M., Hagan, J. E., Jatong, A. B., & Schack, T. (2019). Assessment of random and blocked practice schedules on motor skills' acquisition, retention and transfer among Senior High School students. *American Journal of Sports Science*. 7(1), 26-33. doi: 10.11648/j.ajss.20190701.15.

Kupour, H. Addai-Tuffour, P. & **Srem-Sai, M.** (2019). Assessing the content knowledge of physical education teachers on student's behavior management in physical education practical lessons in Ghana. *International Journal of Physical Sciences Research*. 3(1), 1-19.

Conferences

Stakeholders Consultative Conference on “**Being Mental Health Initiative**” across Africa, Europe, Latin America and Asia at Nairobi, Kenya organised by the Science For Africa Foundation in Collaboration with Grand Challenges Canada (GCC), Foundation Botnar, United for Global Public Health and Welcome Trust from 16th to 17th January, 2024. **A Stakeholder and Presenter.**

A 14-day research stay (e.g., research colloquium, laboratory and faculty tours, lecture visits and interaction with faculty staff) at the **Department of Sport Science, Faculty of Psychology and Sports Science, Neurocognition and Action-Biomechanics Research Group, Bielefeld University**, from the 18th June to 1st July, 2023.
Presented on the Topic: “Stress, mental representation and motor learning: Development of motor skills”.

A **week-Long Workshop** organized by the **Neurocognition and Action-Biomechanics Research Group, Bielefeld University, Faculty of Psychology and Sports Science, Department of Sport Science** on the **Topic: “NAET: Neurocognition and Action: Emerging Technologies for High Performance in Sport and Motor Development”** from the 24th to 28th October, 2022.
Presented on the Topic: “Cognitive appraisals and coping styles among premier league coaches and players in Ghana”.

16th European Congress of Sport and Exercise Psychology, Padova, Italy. Virtual Presenter (Poster). Topic: Professional Football Players experiences of stressors and Cognitive Appraisals during a Premier League Season. 11th to 16th July, 2022.

Research Conference. Theme - Building an excellent University through funded research and Innovations. **Participant.** 19th August, 2021.

International Society of Sport Psychology (ISSP) 15th World Congress, Taipei, Taiwan. Virtual Presenter (Oral). Topic: Occupational Stressor Indicators among Premier League Soccer Players and Coaches in Ghana. 30th September to 4th October, 2020.

International Conference for Graduate Students, UEW, at Jophus Anamuah Conference Center, Ghana. 2006: Participant. 15th to 16th July, 2021.

1ST National Women in Sports Conference by International Olympic committee (IOC), National Sports Authority, Ghana. **Participant.** November, 2006.

Research Grant

Early Career Conference Grants awarded by Association of Commonwealth Universities (ACU) Membership, United Kingdom. March, 2022:

Workshops/Seminars Attended

28th February, 2024: **Orientation for Academic Counselors** organised by the Division of Human Resource in Collaboration with the Counseling Center - UEW at the Jophus Anamuah-Mensah Conference Center, University of Education, Winneba. **Participant.**

2nd May, 2023: **Mandatory OSIS ‘2’ Training exercise for Course Allocation and Entry of Students Results** organized by SRO, University of Education, Winneba at the Students' Center. **Participant**

19th April, 2023: Sports promotion workshop, organized by the Department of Health, Physical Education, Recreation and Sports on “**Bridging the Gap between Academia and Professional Sports Industry**”. **(Main Speaker)**, at the University of Education, Winneba.

28th March, 2022: **Association of Commonwealth Universities (ACU) Membership**. Training on Virtual presentation Skills on Zoom. **Participant**.

Departmental Retreat: Organized by the HOD, HPERs Department held at Blue Royal Hotel, Larteh-Akuapem. 24th - 27th June, 2022.

Faculty Seminars. **Presenter**. Professional football Players experiences of organizational stressors and cognitive appraisals during a Premier League Season. 30th March, 2022

Association of Commonwealth Universities (ACU) Membership. Training on Virtual presentation Skills on Zoom. **Participant**. 28th March, 2022.

Orientation for Senior Members on Mission and Vision of UEW, Job Crafting and Women Empowerment organized by the University Management. 2nd February, 2021.

Faculty Retreat: Organized by the Dean, Faculty of Science Education held at Elmina. 26th - 29th August, 2021.

University of Cape Coast, School of Graduate Studies. **Presenter**. *Thesis proposal defense for PhD students*. ERDU Conference Room. February, 2020.

University of Cape Coast. School of Educational Development and Outreach. Institute of Education. **Participant**. *Colleges of Education Subject based workshop for second year first semester*. Takoradi, Holy Child. Sept., 2019.

University of Cape Coast. School of Educational Development and Outreach. Institute of Education. **Participant**. *Colleges of Education Subject based workshop for first year second semester*. Kumasi, Wesley College. Feb., 2019.

University of Cape Coast, School of Graduate Studies. **Participant**. *Seminar on E-Resources for first year Graduate Students*. Sam Jonah Library. March, 2018.

University of Cape Coast, School of Graduate Studies. **Presenter**. *Thesis proposal update for postgraduate students*. ERDU Postgraduate Lecture Theatre. Nov., 2019.

Ghana Education Service Headquarters / UNICEF. **Participant**. *Reviewing a Research document*. Aburi, Eastern Region. 2019:

Ghana Education Service Headquarters / UNICEF. **Participant**. *Drafting of Sport for Development (S4D) Manual to Promote Safe Schools*. Koforidua, Eastern Region. 2019.

Ghana Football Association (Normalization Committee). **Participant**. *Workshop on amendments to the Laws of the game of soccer for Elite Match Commissioners*. Accra Sports Stadium conference room, Accra. 2019.

Ghana Football Association (Normalization Committee). **Participant**. *Workshop for Elite Match Commissioners on online writing and submission of soccer match reports by New GFA Executive board*. GFA conference hall, Accra. 2019.

University of Cape Coast, School of Graduate Studies. **Participant**. *Theorizing and conceptualizing your research work*. ERDU Postgraduate Lecture Theatre. 2018.

Agogo College of Education. **Participant**. *Weekly Staff Professional Development Workshop for Tutors by (T-TEL)*. APCE Staff common room. 2018 – 2020.

Ghana Football Association. **Participant**. Match report writing. Prampram. 2016.

University of Ghana, Legon, Sports Directorate. **Participant**. *Women in Sports Empowerment and Development*. Legon, Accra. 2016.

Referees

Prof. Dr. Thomas Schack
Neuro-cognition and Action-Biomechanics-Research Group
Faculty of Psychology and Sports Science
Bielefeld University, Postfach 10 01 31, 33501 Bielefeld, Germany.
Room UHG N3-120
Phone +49 521 106-5127
Fax +49 521 106-6432
thomas.schack@uni-bielefeld.de
<http://www.neurocognition.de>

Prof. Victor Antwi

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