



Curriculum Vitae

PATIENCE DARKO

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PERSONAL DATA:

Gender	: Female
Date of Birth	: July 27, 1983
Nationality	: Ghanaian
Home Town	: Winneba
Religion and Denomination	: Christian
Marital status	: Single
Language	: Fante, Ga, Twi and English

AREAS OF EXPERTISE OR PROFESSIONAL SKILLS

I am a proactive and dynamic person, with good interpersonal relationship and skills. I have eighteen years' teaching experience at the various levels of education including Basic, Secondary and Tertiary levels of Education. I am a computer literate with proficiency in Microsoft, PowerPoint and internet sourcing. I am an effective team player with strong skills for supervision. I am adaptive and have the able to cope with heavy workload to meet deadlines with or without supervision. Masterpiece is my hall mark. My goal is to empower young people to be self-dependent through entrepreneurial skills.

EDUCATION

Start/End Dates	Name of Institution	Qualification/Certificate
2023 -	University of Cape Coast	PhD, Home Economics (Food and Nutrition)
2015-2018	University of Cape Coast	MPhil, Home Economics (Food and Nutrition)
2008-2012	University of Education, Winneba	B.Ed., Home Economics (Second Class Upper)
2003-2006	OLA Teacher Training College	Teachers' Certificate 'A'
1999-2001	Winneba Secondary School	Senior Secondary School Examination Certificate (SSSCE, Home Economics)
1996-1998	Advance J. S.S. Winneba	Basic Education Certificate Examination (B.E.C.E)

CAREER HISTORY

Start/End Date	Name of Institution	Position/Title
April, 2021-Date	University of Education, Winneba Department of Food and Nutrition	Assistant Lecturer
June, 2023 -Date	University of Education, Winneba Department of Food and Nutrition	Lecturer (Confirmed, Full Time)

Responsibilities

- Teaching Family Meal Management (HCE 243) -Undergraduate level
- Food commodities in Ghana (HCE 241)-Undergraduate level
- Applied Foods and Nutrition (HCE 346)-Undergraduate level
- Confectionery Technology (HCE 243)-Undergraduate level

- Staple Food Commodities of Ghana (FNE 231)-Undergraduate level
- Introduction to Food and Nutrition (FNE 111)- Undergraduate level
- Supervise students' Project Work/Long Essay
- Pre-Internship Supervision (On- Campus teaching Practice)
- Supervised Students in Internship Programme
- Research, Publication and Community Service
- Invigilate mid-semester and end-of- semester examinations
- Marking of scripts
- Develop course outline and reading lists

Start/End Date	Name of Institution	Position/Title
2021- Date	College of Distance and e-learning- (CoDel) University of Education, Winneba – Kasoa Centre.	Facilitator

Responsibilities

- Course facilitator for Food and Nutrition (ED....)- Undergraduate level
- Home Economics Methodology (EDC)- Undergraduate level
- Teaching of Basic Clothing and Textiles (EDC)- Undergraduate level
- Teaching of Management in Living (EDC)- Undergraduate level
- Mark assignment and quizzes
- Demonstrator

Start/End Date	Name of Institution	Position/Title
2021- Date	College of Distance and e-learning- (CoDel) University of Education, Winneba	External monitor

Responsibilities

- Supervision and coordinating of Mid-Semester and End of Semester Examinations for Distance Education Students at their centres
- Marking of scripts

Start/End Date	Name of Institution	Position/Title
2019	Institute of Education, (Sandwich Programme) University of Cape Coast Offinso College of Education Centre, A/R.	Course Tutor

Responsibilities

- Teaching Nutrition and Health
- Setting and moderation of questions
- Invigilate mid-Sem and End of Semester Examinations
- Marking of scripts

Start/End Date	Name of Institution	Position/Title
2011-2013	Asare Oppong School Complex- JHS / SHS, Takoradi W/R	Part-Time Teacher

Responsibilities

- Taught Foods and Nutrition subject at SHS 1 to 3
- Management in Living at SHS 1 to 3
- Organised practical lessons at SHS 1 to 3
- Prepared students for final and remedial examinations
- Marked students' scripts

Start/End Date	Name of Institution	Position/Title
2012-2021	Archbishop Porter Girls' SHS Takoradi	Teacher (Full Time)

Responsibilities

- Taught Foods and Nutrition subject at SHS 1 to 3
- Management in Living at subject at SHS 1 to 3 SHS 1 to 3
- Clothing and Textiles at subject at SHS 1 to 3 SHS 1 to 3
- Organized Demonstration and Practical Lessons
- Invigilated end of term and mock examinations
- Prepared students for final examination

- Organised extra classes
- Marked students' scripts

Start/End Date	Name of Institution	Position/Title
2006-2008	Kasoa Salmaniya 'B'JSS	Teacher
2006-2009	Kasoa	

Responsibilities

- Taught Basketry in JSS 3
- Catering in JSS 2,
- Prepared students' for BECE

Start/End Date	Name of Institution	Position/Title
2002-2002	Gifts and floristry Shop Djorwulu - Accra	Shop Attendant

Responsibilities

- Worked as sales personnel
- Assisted customers to make choices in floral arrangement
- In charged of taking stock and kept records of items in and out of the shop
- Received and delivered orders to customers

Start/End Date	Name of Institution	Position/Title
2001-2002	Nail and Beauty Salon Djorwulu – Accra	Apprentice

Responsibilities

- Run errands for the master and the senior apprentices
- Opened and cleaned the shop on time to receive customers
- Assisted the master and the senior apprentices in customer delivery services

PROFESSIONAL DEVELOPMENT

Training Sessions

Start and End Dates	Course Title	Location
September, 2020	Common Core Programme for the Basic Education level organized by Ghana Education Service (GES)	Takoradi Technical University
July, 2022	International Certificate in Elementary Food Hygiene Course of Education,	University of Education, Winneba.
July, 2002	International Introduction to HACCP And Hazard Analysis	University of Education, Winneba.

Start and End Dates	Course Title	Location
July, 2022	Elementary Food and Health Course	University of Education Winneba.
May, 2017	1 st International Biennial Pre- Conference Leadership Training	Legon, Accra

Seminars and Workshops

Start and End Dates	Course Title	Location
23 rd March 2023 Workshop.	Grant Sourcing and Proposal Writing	University of Education Winneba.
21 st March, 2023	Launching of Home Economics Association of Teachers (HETAG) under theme: Empowering Livelihood with Home Economics and Waste Management for National Development Home Economics Teachers Association.	Presby church Haatso Accra,

20 th March, 2023	Sensitization forum on Digitization of Assessment of Teaching and Learning	University of Education Winneba.
14 th March 2023	Virtual Internships in African Universities the Botho experience.	Virtual
8 th – 9 th March, 2023	Bringing the Gender Equality Gap through Technology and Digitalization	University of Education, Winneba.
17 th Jan. 2023	Promoting Staff Development Through Collaborative Research and Quality Teaching in Education	University Education, Winneba.
1 st Jan. 2023	Banking on quality assurance as a springboard for pushing African’s productivity. Virtual.	Virtual
19 th -24 th July 2022	The Youth, Tourism and Sanitation (Yuthofest-2022)	University of Education, Winneba
1 st Jun. 2022	Women Empowerment through Transformational Leadership.	Virtual
26 th May, 2022	Faculty of Home Economics Examination Workshop	University of Education, Winneba.
19 th May, 2022	Leadership Seminar: Journey to Leadership in the 21st Century: Overcoming Biases and Stereotypes.	University of Education, Winneba.
10 th -12 th May,2021	Information Technology System and Accreditation Issues.	University of Education, Winneba
13 th April, 2022	3 rd Early Career Seminar: Professional fulfillment within shortest possible time is possible.	University of Education Winneba
18 th Feb.2022	Breaking the Bias in Africa High	Virtual.

Education: Equality Today for a Sustainable Tomorrow.

27 th Jan.2022	The road map to sustainable development and food security.	Virtual.
3 rd February, 2022	Launching of the Disability Support Initiative (DSI) dubbed, “Government’s Big Boost” in Tertiary Institutions in Ghana”. Association of African Universities (WoHEN)	University of Education, Winneba
10 th February, 2022	Breaking the Bias in Africa High Education: Equality Today for a Sustainable Tomorrow	
6 th June, 2021	A Webinar Qualitative Research Seminar by Association of African Universities (AAU)	
8 TH 9 th Dec. 2021	Home Economics Faculty Academic Retreat.	Elmina Ghana
12 th May, 2017	Capacity Building Workshop for Teaching Staff	Archbishop Porter Girls’ SHS Takoradi.
12 th June, 2013	Best/ Modern Teaching Practices Workshop.	Akroma Plaza Takoradi
12 th March, 2010	Exit Strategy Summit	University of Education, Winneba

Conferences Attended

Start and End Date(s)	Name of Conference	Location
17 th -19 th Oct. 2023	Conferences of Nutrition and Dietetics (COND 2023)	KNUST

17 th -19 th Jan. 2023	Promoting Staff Development Through Collaborative Research and Quality Teaching in Education: School of Graduate Studies Inter-University Conference for Doctoral Studies.	University of Education, Winneba
18 th - 19 th Jan.2022	School of Graduate Studies Inter-University Conference for Doctoral Studies.	University of Education of Winneba
2 nd -3rd Nov. 2021	National Social Studies Conference.	University of Education Winneba
15 th – 16 th July 2021	5 th International multi-disciplinary Conference: Graduate Students Association of Ghana (UEW)	University of Education Winneba
11 th Jul. 2021	Women’s Journey to Leadership Conference: Gender main streaming Directorate, UEW	University of Education Winneba
26 th – 27 th Sept.2021	22 nd Annual Home Economics Research Association of Nigeria (HERAN), Nigeria	Zoom Conference
27-28 th July,2017	Ghana Home Economics Association (GHEA) 1 st International Biennial Conference and Professional	Legon Accra

Development

PUBLICATIONS:

Peer- Reviewed Article(s)

1. P. Darko, S. Darkwa & M. Teye (2021). Use of Cowpea (*Vigna Unguiculata*) as Substitute for Wheat Flour in the Preparation of Snacks. International Journal of Home Economics Research: 14(2), 19-29
2. P. Darko, F. Alhasan P, M. Saeed (2022). Hygienic Practices Among Vegetable Sellers: Empirical Evidence from Agona Market in the Sekyere South District of the Ashanti Region. Journal of Food Science and Quality Management www.iiste.org Vol.120, 2022
3. P. Glago, J. D. Nyefene, P. Darko & Abdul Basit Abdul Rahaman (2023). Consumer Perception on New Ways of Preparing and Presenting “Koose” and Leaves in Wa, Ghana. American Journal of Food Technology, 18 (1): 16-26, 2023

UNPUBLISHED WORKS

1. P. Darko, L. Cobbah & E. K. Ashun (2022). Organoleptic, Proximate and Consumer Acceptability of Soy-Rice Cookies
2. P. Darko E. E. Ackah & R. J. A Sackey (2022) Investigating Potential Chemical Pollutants in Commercial Fufu making Machine in Ghana.

PROFESSIONAL QUALIFICATION(S)

Start and End Dates	Awarding Institution	Qualification/Rank
2023-	University of Education, Winneba	Lecturer
2021-2023 Lecturer	University of Education, Winneba	Assistant
2019-2021	Ghana Education Service	Assistant Director II

2012- 2019	Ghana Education Service	Principal Superintendent
2008-2012	Ghana Education Service	Superintendent II
2006-2008	Ghana Education Service	Class Teacher

PROFESSIONAL RESPONSIBILITIES

Start and End Dates	Name of Office
2023- Present	Academic counsellor

Responsibilities

- Providing parental role for level 300 students, Department of Food and Nutrition Education, UEW
- Guiding students on academic activities
- Providing academic counselling and study strategies to students
- Working on behalf the counselees and other course lecturers
- Guiding students on coping strategies on campus

Start and End Dates	Name of Office
2016-2021	Housemistress Archbishop Porter Girls SHS, Takoradi.

Responsibilities

- Provided parental care for the students allocated to the Dormitory Block.
- Prepared and provided dormitory allocation for fresh students
- Oriented students on the norms and traditions of the school
- Assisted students to clean in and around the dormitory block and the school compound
- Organized general and mega inspections on personal and environmental hygiene
- Instilled discipline in students
- Provided security and comfort to students in the dormitory through maintenance

- Supervised students at the dining hall to observe basic table etiquettes
- Prepared students for school and outing programmes with respect to time management
- Received parents and guardians during visiting hours
- Prepared students to take up leadership roles through vetting process
- Organized house election for prefects and other executives
- Organized house assembly every week
- Identified athletes in the house and prepared them for inter-house sporting activities
- Assisted students when sick and needed medical attention
- Prepared students' testimonials.

Start and End Dates

2012-2016

Name of Office

Form Mistress
Archbishop Porter Girls SHS,
Takoradi.

Responsibilities

- Conducted weekly meetings with the class to discuss issues relating to students on academic, social and emotional needs
- Ensured discipline among students
- Commented on the students' performance and signed terminal reports
- Checking class attendance and reporting habitual absentees and cases of unnoticed withdrawal of students.

MEMBERSHIP OF PROFESSIONAL ASSOCIATION:

Date	Name of Association	Position held
• 2023- Present	Home Economics Teachers Association, Ghana. (HETAG)	Member
• 2023-Present	Women in Science, Technology, Engineering and Mathematics, Ghana (UEW- WiSTEM)	Member
• 2022-Present	Home Economics Research	Member

	Association of Nigeria (HERAN)	
2002-Present	Ghana Association of University Women (GAUW)	Member
2021-Present	International Federation of Home Economics (IFHE)	Member
2021-Present	University Teachers Association of Ghana (UTAG)	Member
2021-Present	Senior Members and Staff Association (SEMSA)	Member
2013-Present	Ghana Home Economics Association (GHEA)	National Executive Member
2013-Present	Ghana Home Economics Association (GHEA)	Regional Secretary Member
2021-2021	National Association of Graduate Teachers (NAGRAT)	Member
2006-2012	Ghana National Association of Teachers (GNAT)	Member

STUDENT AND/OR FACULTY DEVELOPMENT:

Supervised over 30 undergraduate project works (Long Essay) and Co supervised 2 M.Ed. in Home Economics Education Dissertation

INSTITUTIONAL AND COMMUNITY SERVICE

Committee(s) and/or Boards Served

Start and End dates	Name of Committee(s) and/or Board (s)
2024- Present	Member, Faculty Fair Committee. Faculty of Health, Allied Sciences and Home Economics Education. University of Education, Winneba.

2023- Present	Patron, University Choir, University of Education, Winneba.
2023- Present	Patron, Home Economics Student Association (HESA) University of Education, Winneba.
2022- 2023	Member of Faculty Retreat Committee. Faculty Home Economics Education. University of Education, Winneba.
2023- Present	UTAG Choir Member, University of Education, Winneba
2022	Member of Food Production Sub-Planning Committee 26 th Congregation, Department of Food and Nutrition Education, University of Education, Winneba.
2022- Present	President of Susanna Wesley Mission Auxiliary -The Methodist Church-Ghana A. B. Ghunney Society, Winneba
2017-2021	Harvest Committee Member, Dunwell Methodist Church Effiakuma Society. Takoradi.
2017	Member of Planning Committee, Ghana Home Economics Association (GHEA-NEC) 1 st International Biennial Conference Legon, Accra.
2016-2021	Food and Parcel Committee Member, for Graduation, Archbishop Porter Girls' Senior High School, Takoradi.
2015	Committee Member, for Summer Camp of Forum of Heads of Girls Senior High Schools (FOHGSHS) at Archbishop Porter Girls' SHS, Takoradi.
2014-2021	Member of Speech and Prize Giving and Family Day Celebration Committee, Archbishop Porter Girls' Senior High School, Takoradi.

2007-2008 Welfare Committee **Treasurer**– Kasoa Salmaniya
'B' Junior High School - Kasoa.

b. Community Service:

Period	Name of Association/Organisation
Dec, 2023	Co-Judge for Skill Training for Relief Society Organization for the church of Jesus Christ of Latter day Saint, Winneba.
2023- Present	Co-Examiner for Ghana Education Service- National Culinary Competition
2023	Chairperson for the launching of Home Economics Teachers Association Ghana at Haatso Presby church Accra,
2023- Present	Mediator and Guest speaker at a Campus Radio programme “Diet Dairy” on Radio Windy Bay For the Department of Food and Nutrition Education
2023- Present	Invitation to Adjudicate National Ghana Education Service National Culinary Competition Grand Finale- Labone SHS Accra.
2023- Present,	Invitation to Adjudicate Central Region ONGA- Cook Art Competition. Holy Child SHS, Cape Coast.
2022/2023	Invitation to Adjudicate Winneba Aboakyer Festival- Cooking Competition.
2022	Invitation to Adjudicate Miss UEW/ FACE of North Campus Beauty Pageant Cooking Competition

2019-2021	Society Steward of the Methodist Church - Ghana: Dunwell Society, Effiakuma. Takoradi
2019	Head of team for Archbishop Porter Girls School participated in the National Cook Art Competition, PRESEC Legon, Accra
2019	Representative of Dunwell Methodist Church, Effiakuma Society to 58th Annual SYNOD held in Half Assini, W/R
2020	Representative of Dunwell Methodist Church, Effiakuma Society to 59th Annual SYNOD held in Takoradi, W/R
2017-2021	Chaperone , Archbishop Porter Girls' Senior High School, Takoradi.

GRANTS, HONOURS AND AWARDS

Year/Date	Name /Type of Award	Awarding Institution or Organisation
2023	Nominee for the University-wide Excellence Awards	University of Education, Winneba
2018	Best Teacher	Archbishop Porter Girls' Senior High School, Takoradi.
2019	Winner for (APGSS) Maiden Edition of National ONGA Cook Art Competition	Ghana Education Service in Collaboration with PROMASIDOR, Ghana

KEY SKILLS: (SPECIAL ABILITIES AND CAPABILITIES ACQUIRED)

- Computer literacy
- Expert in the Cookery Arts
- Good in Event planning and organisation
- Skilful in Manicure and pedicure

REFEREES

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Signature:

Date: